

£1.10

24 MARCH 2020 • ISSUE 12 • £1.10  
Spain €2.85, Canary Islands €2.95

# Bella



**Phil's  
new  
show  
AXED**



## **RICHARD'S REGRET**

**'My marriage  
was a mistake'**



FROM  
£2

**Mother's Day  
gift ideas**



**Slimming  
WORLD**

**'I went from XXL  
to XS in 9 MONTHS!'**

# *Meghan* **'SHE'S GOT WHAT SHE WANTED'**

**Dramatic last showdown**



**PLUS shock  
tension  
with Kate**





escapes

# Natural HABITATS

Enjoy some time away in one of these gorgeous eco-friendly lodges, hotels or huts

## Au naturel in the Amazon

If you've dreamt of heading to Peru, then look no further than the Inkaterra Reserva Amazonica. Located deep in the Amazon jungle, this eco-lodge is the perfect base for exploring the jungle and spotting incredible wildlife. The 35 wooden cabins and private suites are made from natural materials and organic products. Guests staying at the lodge have limited electricity throughout the day, no access to Wi-Fi and no phone signal, allowing you to fully switch off from the digital world and reconnect with nature. Best of all, your stay funds ecological research and conservation projects, while also providing planet-friendly jobs for the locals. Don't miss walking along the on-site 1,129-ft long and 100-ft high

canopy walkway (left), which offers amazing views from over the treetops.

● Prices start from £750 for a three-day, two-night itinerary, including excursions and full-board accommodation in a superior double cabana. Book online at [Inkaterra.com](http://Inkaterra.com)



## Seaside sustainability in Cornwall

Perched upon a cliff top in north Cornwall, The Scarlet is one of the UK's best eco escapes. The glass structured building – where Dawn French got married – offers far-reaching views of the beach from wherever you are in the hotel. You can enjoy all sorts of natural amenities, including the cliff-side log hot tubs, a natural reed-bed swimming pool and the Ayurveda holistic spa, which

offers an upcycling towel program where old towels are made into sleep masks and scrub mitts. The hotel has 111 sustainable measures to ensure they improve their green commitment, such as solar panels, locally sourced food for the restaurants and biomass boilers, which use wood pellets instead of gas or oil.

● Double rooms start from £230 a night, including breakfast. Book online at [Scarlethotel.co.uk](http://Scarlethotel.co.uk) or call 01637 861 800.

