*13. March 2020*

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# THRILLS AND RELAXATION AT LOFTY HEIGHTS

Paragliding over the Black Forest. © SCHWARZWALD PANORAMA

Whether hiking, flying or relaxing – we love to get high! Therefore, today we will show you in which hotels you can experience adventure and relaxation at breathtaking heights.

## EXPERIENCE THE RHÖN FROM A BIRD'S EYE VIEW

Colorful mosaics of pastures, meadows, and forests. At the Biohotel Sturm you can experience a very special adventure: A flight over the Rhön Biosphere Reserve with your host Matthias Schulze Dieckhoff. The hotel owner is also a pilot and shows guests the region from a completely new perspective aboard the modern Savage Cub microlight aircraft. Don't forget your camera! By the way, Mellrichstadt also has its own glider airfield in case you feel like doing more after your flight with the Savage Cub. 🙂

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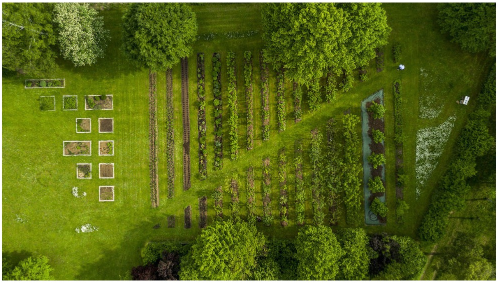

Snackgarden – Biohotel Sturm © Biohotel Sturm

## RELAXATION WITH A VIEW

Whether in the pool, in the tower, in the sauna or the bar: 200 meters above the Jagsttal you can enjoy a breathtakingly beautiful view over the woods at Mawell Resort. "Coming Down" is definitely possible in the infinity forest pool – here you have the feeling of swimming into the treetops. Feel free to relax, but you can also get active at these lofty heights: The roof track invites all sports enthusiasts to discover the roofscape while walking or jogging or focus on something more specific on other outdoor fitness equipment.

Roofparcours Mawell Resort © Mawell Resort

## RELAX UNDER THE ALPINE PINE TREES IN THE CLOUDS

In the Creativhotel Luise in Erlangen, a green roof terrace was also designed during the renovation. Here you can make yourself comfortable with a cool drink, and if you want to go even higher, you can climb the staircase up to the viewing platform on which the alpine pine tree from the topping-out (construction competition) ceremony is enthroned – probably the tallest tree in Erlangen! – here you can enjoy the fantastic view over the Bavarian city.

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Alpine pine in the air instead of on the ground. © Creativhotel Luise

## TAKE OFF IN THE BLACK FOREST

In search of adventure and unaffected by vertigo? Then head to the SCHWARZWALD PANORAMA in Bad Herrenalb! After a relaxing night and a refreshment at the Zero-Waste breakfast buffet, you can get the adrenalin pumping: On the Wildline suspension bridge near Bad Wildbach you can enjoy the Black Forest from dizzying heights. Completely atypically for suspension bridges, the Wildline rises towards the middle – so you can't see from one end what's waiting for you at the other!

The "Selfness" Hotel SCHWARZWALD PANORAMA is also located in a paragliding stronghold and you too can enjoy the Black Forest from a completely new perspective during a tandem flight. During your flight, you will soar silently like a bird between the earth and sun above the treetops. You can start from the Teufelsmühle or from the Merkurberg, both of which can be reached easily from the SCHWARZWALD PANORAMA.

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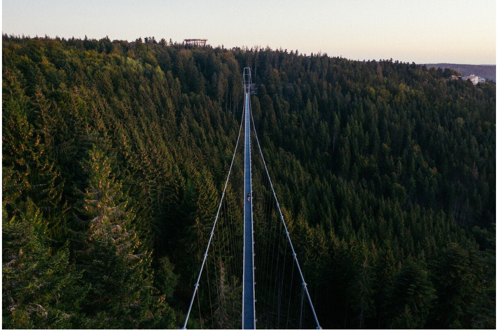

Bad Wildbad – Wildline © kevinkummer.com

## RAINFOREST FROM ABOVE

Instead of a night in a hotel, how about spending the night 22 meters above the ground in a treehouse in the Peruvian rainforest? The Inkaterra Canopy Tree House borders the Inkaterra Canopy Walkway at Inkaterra Reserva Amazónica, where you walk through the treetops of the Amazon rainforest. You will stroll over suspension bridges and from the towers and platforms, you will experience the fascinating natural and animal world. Keep an eye out for toucans and colorful feathered trogons and monkeys. And if you spend the night in the treehouse, you can take a night walk along the Canopy Walkway and fall asleep to the sounds of the jungle.

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In the jungle © Inkaterra

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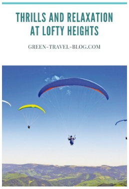

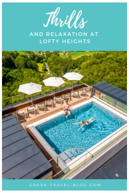

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