

# BAZAAR<sup>Harper's</sup>

THE  
ULTIMATE  
TRAVEL  
GUIDE  
2020





4

### Rainforest rejuvenation

The newly refurbished Ena Spa at Inkaterra Reserva Amazónica (where every guest is promised a fully carbon-neutral stay) offers treatments that combine ancient Peruvian techniques with local ingredients such as cat's claw, a woody vine that can help to purify and cleanse the body.

[www.inkaterra.com](http://www.inkaterra.com)



5

### Stream of consciousness

Wake to the sight of grazing beasts by your bed in one of the 'jungle bubbles' at Anantara Golden Triangle Elephant Camp. From your perch on the banks of the Ruak River, you'll gaze out through the transparent roof to enjoy majestic vistas where Thailand, Laos and Myanmar meet.

[www.anantara.com](http://www.anantara.com)



6

### The sound of silence

Deep within the cloud forest that lies across Costa Rica's central highlands sits the otherworldly El Silencio Lodge & Spa. Here, the only noises you will hear come from nature: the call of the wood wrens, the buzzing cicadas in the trees and the rumble of the waterfalls that pour down from the surrounding mountains.

[www.elsilenciolodge.com](http://www.elsilenciolodge.com)

