

◆ Premium

🏠 > Travel > Comment

The surprising eco sin that's four times worse than flying

Follow

JULIET KINSMAN
TRAVEL WRITER



25 OCTOBER 2019 • 10:21AM



The Soneva Hotels group have a commitment to transparency around its emissions

Carbon emissions — everyone's gassing about them. Since flying is the biggest contributor to our individual footprint, flygskam – the flight shaming movement, as coined by the Swedes last year — is certainly lifting off.

But what about our carbon 'foodprint' when we travel? Considering food-waste emissions comprise eight per cent of the global total, whereas aviation accounts for around two per cent (according to the Food and Agriculture Organisation of the UN), maybe we should be thinking more deeply about that thing we do every day, at home, and on holiday — eating and drinking.

Think of the ecological impact of the appetite of millions of visitors to all those dreamy tropical islands that...

We're glad you're enjoying The Telegraph

Register or subscribe to continue reading
Already a subscriber? [Log in](#)



Register Free

- ✓ One free Premium article per week

Subscribe 30 days free, then £3 per week

- ✓ Unlimited access to Premium articles

READ MORE

1 ◆ PREMIUM
What happened when this phone addict went on holiday for the first time without one

ANNABEL FENWICK ELLIOTT

🗨️ 30 Oct 2019

2 ◆ PREMIUM
'An injury destroyed my dance career – but travel inspired a new way of life'

24 Oct 2019

3 ◆ PREMIUM
What is it with selfish tourists needing to conquer things?

NIGEL RICHARDSON

🗨️ 24 Oct 2019

4 ◆ PREMIUM
Surprising things I learnt about friendship from three years travelling alone

ANNABEL FENWICK ELLIOTT

🗨️ 22 Oct 2019

5 ◆ PREMIUM
We now have to sign a 'tourist pledge' on holiday – how did it come to this?

21 Oct 2019

FOLLOW THE TELEGRAPH

[f Follow on Facebook](#) [🐦 Follow on Twitter](#)

✓ Newsletters and daily briefings

✓ Subscriber-only newsletters

✓ The daily newspaper on your smartphone or tablet

Register

Start free trial

Follow on Instagram [Follow on LinkedIn](#)

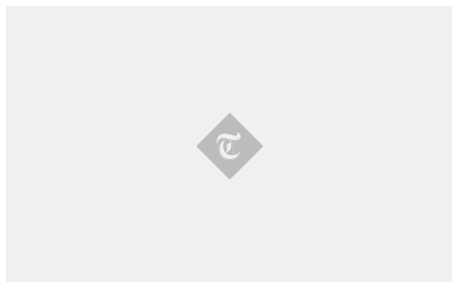
Want to learn more? [View subscription options](#)



2

Show comments

Travel latest



The Australian beach that's been ruined by Instagram – and where to go instead

17:14



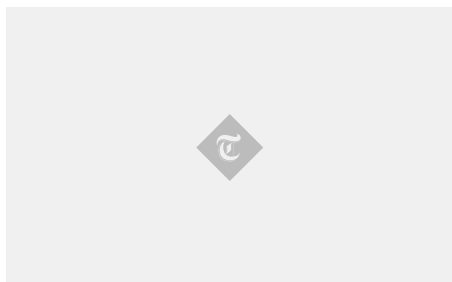
The best budget hotels in Brighton, from Victorian villas to trendy townhouses

16:25



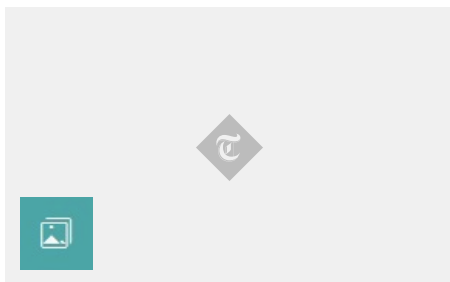
◆ PREMIUM
The best restaurants in Tuscany, and where to eat maialino, porchetta and pici

16:00



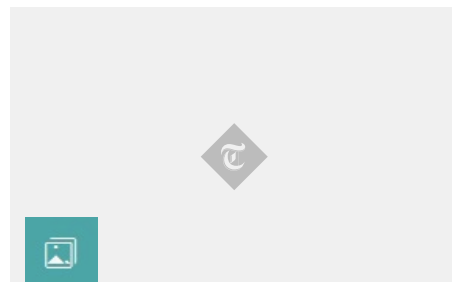
◆ PREMIUM
Meet the Mary Poppins of the skies – a 'flying nanny' that keeps children happy at 35,000ft

15:42



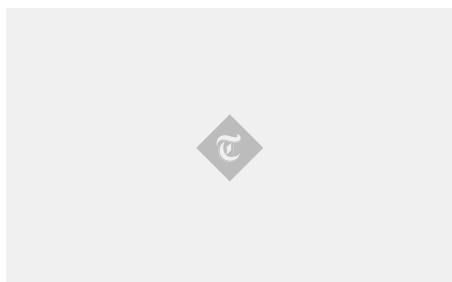
20 award-winning photos that present nature from captivating angles

15:06



Inside North Korea's hotels, where gambling is encouraged and guests chastised for eating too many eggs

15:00



The best Bonfire Night events, activities and experiences around the UK

15:00



The best small cruise ships to explore the wilds of Scotland

13:26



◆ PREMIUM

Griff Rhys Jones: 'It's time wildlife lovers returned to Zimbabwe'

13:11



◆ PREMIUM

The perfect holiday in Namibia – our expert's ultimate itinerary

12:58



◆ PREMIUM

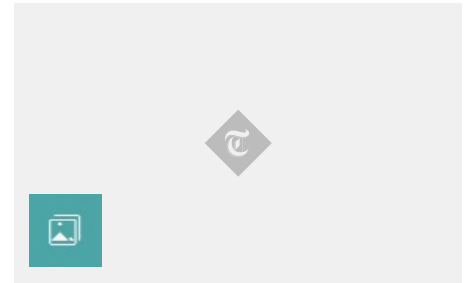
Where to watch the Rugby World Cup final on Saturday: The best pubs across the UK

12:44



Why the best way to enjoy winter is by train – and 12 magical journeys to take

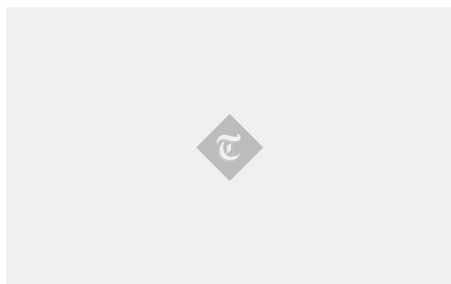
12:01



◆ PREMIUM

1914 vs today – amazing maps that show how travel times have changed in 100 years

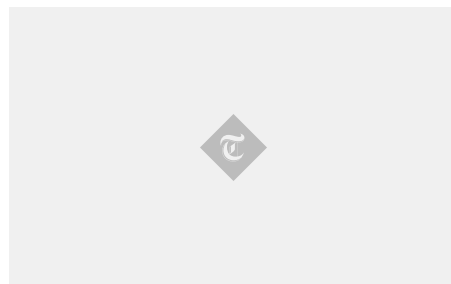
11:00



◆ PREMIUM

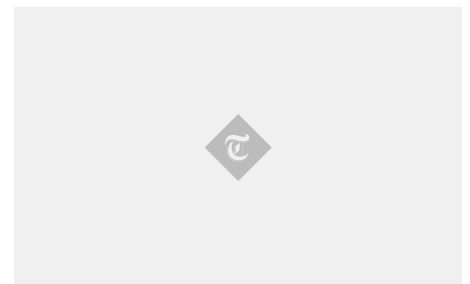
Ultimate New England – how to visit the most autumnal place in the world

9:39



The world's most haunted hotels

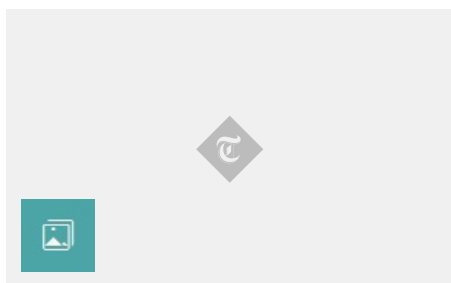
9:30



◆ PREMIUM

The bucolic corner of Europe that's sick to death of Halloween

9:15



◆ PREMIUM

London's most beautiful churchyards – eight places to visit this Halloween

9:00



48 hours in... Bilbao, an insider guide to a global art destination with grit

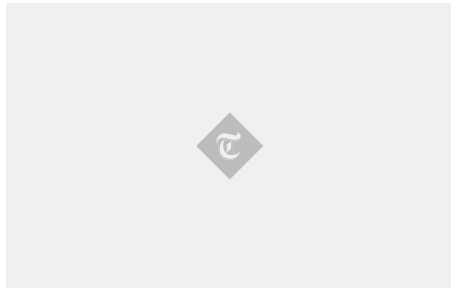
9:00



◆ PREMIUM

The fascinating story behind Mexico's creepy island filled with dolls

8:30



◆ PREMIUM

Is Pluckley still England's most haunted village?

7:00

The best hotel, flights and holiday deals to look out for on Black Friday, according to Telegraph experts

30 Oct 2019

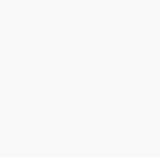
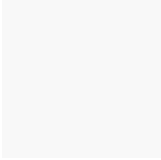
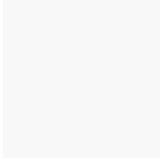
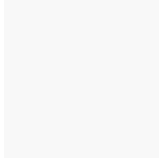
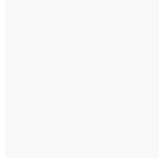
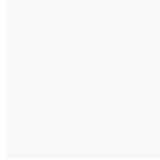
◆ PREMIUM

The perfect holiday in Peru – our expert's ultimate itinerary

30 Oct 2019

Voucher Codes >

The latest offers and discount codes from popular brands on Telegraph Voucher Codes

					
Travelodge discount codes	TUI discount codes	Lastminute.com discount code	Hotels.com discount codes	First Choice discount codes	STA Travel promo codes