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23/09/2019

## FAMILY HOLIDAYS AT INKATERRA

ith multi-generational travel continuing to top the travel trend charts, holidays that cater for the whole family are more popular than ever.

At all of our Inkaterra properties, we offer adventures and activities to suit all ages and interests. From the rolling hills of the Sacred Valley of the Incas to the depths of the Amazon, whichever Inkaterra hotel you and your family choose to visit, there will be plenty to keep everyone busy.

For intrepid families visiting the Inkaterra Machu Picchu Pueblo Hotel, a walk along our nature trails offers all ages the opportunity to discover the secrets of the Machu Picchu <u>cloud forest</u> ecosystem. Little ones can learn about the indigenous plants, animals, and insects from the Inkaterra Explorer Guides, whilst parents can glimpse sightings of the 372 different <u>native orchid species</u> in their natural habitat (world record according to the AOS).





Alternatively, for adults and children who are fans of Paddington Bear, a trip to Inkaterra's own <u>Spectacled Bear</u> conservation centre to see the rare animal that inspired the stories is an essential addition to the itinerary. This can be booked ahead of your visit upon request.

Guests can also visit the organic tea plantation at Inkaterra Machu Picchu Pueblo Hotel. Although tea is produced all over the world, the only variety that has been able to adapt to Peruvian soil is the Chinese *camellia sinensis*, which is what we grow at Inkaterra. All the tea is free from chemicals, and guests can see the whole process of making our in-house tea from leaf to teabag.



For guests of Inkaterra Hacienda Urubamba, in the Sacred Valley of the Incas, a visit to the ecological farm is the perfect opportunity for all ages to discover the secrets of ancient Peruvian harvesting techniques.

With an <u>`Earth to table'</u> initiative in place, it provides children an excellent opportunity to observe how and where their food is grown, and the journey it takes to reach their plate.





For parents interested in learning more about the ancestral production of the Peruvian <u>Chicha de Jora</u> (typical beverage prepared with Andean corn), there is a workshop on how the drink is prepared, from the harvesting of the corn to the grinding and fermentation, before ultimately being able to taste your very own Inca drink.



At Inkaterra Reserva Amazonica, in the Amazon Rainforest of South Eastern Peru, a walk through the treetops along the Inkaterra Canopy Walkway is perfect for parents and teenagers with a head for heights. Seven hanging bridges are connected via platforms situated 30m (99ft) above the Rainforest floor. Offering unparalleled views over the Amazon Basin, families should be on the lookout for birds including toucans, woodpeckers, trogons and many others.





Once you're back on solid ground, descend to the remarkable wetlands and the 200m boardwalk to discover the *Aguajales* rainforest swamps. The elevated wooden footbridge is a fascinating platform from which guests can observe the transition from forest to marshlands, whilst also spotting the amphibians, reptiles and mammals that live there.

Lastly, teenagers will enjoy the adventurous twilight boat ride down the *Madre de Dios* River, an exciting excursion to take from Inkaterra Hacienda Concepción. Listen to the night time sounds of the river, whilst learning about new eco-systems and witnessing nocturnal animal behaviour. With younger children, why not visit the botanical garden within hotel grounds to discover the immense variety of rainforest plants in the Amazon, or even take a rowing boat ride around the private natural pond to observe the local fauna.



For more information on all of the Inkaterra properties, please visit: <u>www.inkaterra.com</u>



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## **INKATERRA HOTELS**

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