spa opportunities

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Borgo Egnazia partners with Blue Zones for retreats

Italy's Borgo Egnazia has become the first hospitality partner to offer retreats certified by the Blue Zones Institute.

Founded by Dan Buettner, Blue Zones reflects the lifestyle, traditions and environment of the world's longest-lived people. Buettner is a National Geographic Fellow and New York Times bestselling author who discovered five places in the world dubbed Blue Zones - where people live the longest, and are healthiest: Okinawa, Japan; Sardinia, Italy; Nicoya, Costa Rica; Ikaria, Greece, and Loma Linda, California.

Blue Zones retreats will feature evidencebased solutions from the world's longest-lived people delivered in a practical format designed to make healthy living easy and sustainable: a blend of genuine food habits, movement sessions, workshops and experiences available at Borgo Egnazia twice in 2019 (from 16 to 21 September and from 18 to 23 November 2019).



Blue Zones retreats will deliver evidence-based solutions in a practical format

"Borgo Egnazia has always had a strong commitment in delivering 'happiness' to people, whether we are talking about staff or guests," said Erica D'Angelo, wellbeing director at Borgo Egnazia. "Together with Aldo Melpignano, owner and MD, we wanted to implement a deeper science-based approach to deliver meaningful wellbeing experiences, so we focused on the 'Science of Happiness'. Then we came across The Blue Zone organization; the first occasion was at the Global Wellness Summit 2018, when we attended a speech by Dan Buettner. That was the beginning of this exciting project and today we are proud to be the first hospitality partner in the world who will offer retreats certified by Blue Zones."

The concept of Blue Zones grew out of the demographic work done by Gianni Pes and Michel Poulain outlined in the Journal

of Experimental Gerontology, identifying Sardinia as the region of the world with the highest concentration of male centenarians.

Pes and Poulain drew concentric blue circles on the map highlighting these villages of extreme longevity and began to refer to this area inside the circle as the blue zone.

Details: http://lei.sr/k5e3M_S

Six Senses opens Singapore spa pods

The newly opened Six Senses Maxwell in Singapore has introduced five spa pods and two relaxation rooms designed to be an urban sanctuary amid Singapore's hustle and bustle.

"Created in line with the brand's commitment to incorporating wellness into each guest experience, the spa pods bring globally celebrated Six Senses rituals to Singapore's urban community," said Murray Aitken, general manager of Six Senses Singapore. "We have put together a menu of treatments which deliver positive and lasting benefits."

Details: http://lei.sr/S9J6E_S

GOCO to create Kazakhstan resort

Wellness consultancy, development and management firm GOCO Hospitality is working on a wellness resort in a heritage property in Kazakhstan that was once one of the most advanced sanatoriums during the Soviet era.

Now, the Foundation of the First President of the Republic of Kazakhstan has entrusted GOCO Hospitality to develop the property into a next-generation wellness resort.

Due to have its soft opening in July 2020, GOCO Life Alatau in Almaty, Kazakhstan, will be located on 100 hectares of forested land with views of the Alatau Mountains. The resort will have a gross floor area of 45,000sq m and 212 guest rooms, and is being designed by local firm INK Architects along with GOCO's in-house design team, led by Josephine Leung.



The resort will be housed in a Soviet-era sanatorium

"This is a really exciting project, and we are very much looking forward to creating Central Asia's leading centre for medical and wellness tourism here in beautiful Almaty region," said Ingo Schweder, founder and CEO of GOCO Hospitality.

Continued on back cover

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Grantley Hall outlines ambitions

The Grade II-listed, 17th century Grantley Hall hotel and wellness retreat has reopened near Ripon, UK.

The property has undergone extensive renovation work over a three-and-a-half year period, with design by owner Valeria Sykes and now has a high-end gym, spa and a range of restaurants.

The over-arching vision is for the hotel to become one of Europe's top gym, spa, and wellness facilities. The property has signed with Relais et Chateaux.

The hotel's Elite executive

gym and wellness centre has three fitness spaces – a fully-equipped gym, a strength and conditioning gym and a health and performance area which includes the Randox Health Lab. This offers high-level testing and analysis, biometric machines, a cryotherapy chamber and three altitude-enabled compact training rooms, including one with an H20 underwater treadmill. There's also a multidiscipline studio and spin room that enables classes to be delivered at altitude.



Owner Valeria Sykes wants Grantley Hall to become a leading spa hotel

The Three Graces Spa will offer a range of treatments from Ila and Natural Bissé in five dedicated treatment rooms. There will also be a healthy snack bar and English Heritage-listed Japanese garden. In addition, the spa has an 18m pool, hydrotherapy pool, steamroom and sauna, as well as a snow room.

Grantley Hall has hired British chef, Shaun Rankin to preside over its fine dining restaurant, Shaun Rankin at Grantley Hall. Details: http://lei.sr/r8K8c_S

Shanti spa gets sister resort on Mykonos

A new Shanti spa has opened on the Greek island of Mykonos, perched on the cliff of Agios Stefanos and overlooking the Aegean Sea.

Oniro Mykonos - A Shanti Collection Resort is a luxury boutique hotel and is based on the same principles of sister hotel Shanti Maurice, an iconic spa destination in Mauritius with a 70,000sq ft spa. Reflecting authentic Cycladic architecture tracing fingerprints of the Greek

history, the hotel has 29 bedrooms.

While the Shanti Spa at Oniro Mykonos is smaller than its Mauritian sister, it features an international selection of wellness treatments. as well as two treatment rooms, a steambath, sauna, rain showers and an extensive gym with yoga rooms and sea views.

Massage oils designed for Shanti signature treatments are created specifically for the spa by Michael Isted of The Herball. Isted is a trained phytotherapist, aromatherapist and nutritionist, and has created massage oils balms



The spa at Oniro Mykonos features a double treatment room for couples

and scents from ingredients from Mykonos. Signature treatments include a Shanti Fusion massage, which uses aromatherapy; a Shanti Relief massage, which combines Eastern and Western massage technique work and pressure; and a Mykonian Mixed Massage, which features different techniques including ayurveda, lymphatic, anti-stress, reflexology and deep tissue. A 90-minute Royal Honey body treatment uses royal jelly and honey straight from the behives of Apivita.

Details: http://lei.sr/Q7N7D_S



Hyatt reveals Europe's first Alila resort

Hyatt Hotels will bring the Alila brand to Europe for the first time with the Alila La Gruyère, an 85-bedroom resort set to open in Switzerland in 2023.

Overlooking a picturesque lake, Alila La Gruyère will offer a wellness retreat as well as a high-end golf course and 27 residences, enhancing Hyatt's lifestyle and wellbeing offerings for guests. The resort marks a significant growth milestone for Hyatt since the Alila brand integrated into the Hyatt portfolio in late 2018.

"Following the recent acquisition of Two Roads Hospitality, we are thrilled to announce plans for the first Alila property in Europe. The region of La Gruyère with its medieval Gruyères town is a great location for a brand that embodies a contemporary expression of centuries-old traditions," said Guido Fredrich, Hyatt's regional VP of development for Europe.

"Moreover, the Alila brand offers tremendous potential for growth in Europe by responding to the increasing trend of



Alila La Gruyère in Switzerland will focus on recreation and wellness

eco-tourism and wellness travel. We also know that well-travelled guests are looking to make impactful connections, and the Alila brand caters to this demand by crafting rare and intimate experiences," he continued.

Alila La Gruyère will be located in Pontla-Ville in the district of La Gruyère, which belongs to the Canton of Fribourg in western Switzerland. The property will focus on recreation and wellness.

Details: http://lei.sr/5E3Q7_S

Joanna Roche (left) and Bonnie Baker (right) of the Green Spa Network

Green Spa Network opens research programme

The Green Spa Network (GSN) has launched a sustainability research survey to collect information from its members regarding their environmental efforts in their businesses.

The first surveys were launched in January 2019 and the organisation says the response has been positive.

Since then, monthly surveys have been collected and have given GSN insight into where its members are and how to best direct them on their sustainability journey.

"We're thrilled to be bringing of-themoment data on green or related topics to GSN members and the wellness community," said Bonnie Baker, the president of the GSN board.

Details: http://lei.sr/K9Q2u_S

Inkaterra launches Amazonian spa

Inkaterra Reserva Amazonica has unveiled a renovated wellness spa located deep in the Amazon rainforest on the banks of the Madre de Dios River in Peru.

With treatment beds offering views of the Amazonian sunsets, a spa soundtrack provided by the surrounding wildlife and using 100 per cent natural products derived from botanical extracts from the area, the 88sq m (947sq ft) Ena Spa provides guests with an entirely local experience.

Previously at Inkaterra Reserva Amazonica, there was only a small cabana for spa treatments; the renovation saw the creation of a new cabana that encompasses two therapy rooms and a new pool, as well as an entirely new design. Across the board at Inkaterra, properties are conceived and designed internally; authenticity and respect for local styles, traditions and materials is of particular importance to the group.



The expanded spa now offers views of the Amazonian sunsets

The specialised spa menu at Ena Spa offers bespoke treatments built around a combination of ancient Peruvian techniques and exotic indigenous ingredients. Specialty treatments include the Amazon Purification Treatment, which uses creams made from the local Cat's Claw plant to purify and cleanse the body, to the Cold Stone Massage, which uses stones from Madre de Dios River bathed in natural oils to relieve tension.

Details: http://lei.sr/Z8A3V_S

Le Blanc Spa completes luxury villa project

Architecture firm Elias Estudio and interior designer Francois Frossard have completed the Royale Residence, a 1,712 sq m short-stay villa located at the Le Blanc Spa Resort in Los Cabos, Mexico.

Overlooking the Sea of Cortez, the twostorey guesthouse features four bedrooms, a fitness centre, a movie theatre, a sun deck, a 130 sq m infinity pool, and a spa treatment room. Provided with an assortment of bath amenities, including products by Salvatore Ferragamo and BVLGARI, lodgers at the Royale also have exclusive access to a masseuse, chef, and a private car.

The main resort – Le Blanc Spa's second property after its recently renovated Cancun hotel – was completed in 2018. It boasts an expansive spa (designed by Mestre & Mestre Consultants) seven gourmet restaurants, a full-service gym, 25 treatment rooms, and multiple bars and lounge areas.

Details: http://lei.sr/7N6Q5_S

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Cipriani reveals mega-hotel plans

International hospitality brand Cipriani is spearheading a US\$450m (€395.3m, £353.9m) effort to convert the 1950s-era Hotel San Rafael in Punta del Este, Uruguay, into an expansive resort complex.

Set to be designed by Uruguayan architect Rafael Viñoly, the new Cipriani Ocean Resort and Club Residences will tower over Brava Beach and will feature 164 rooms and suites, plus 800,000 sq ft (74,322 sq m) of residential space. The resort will also play host to a range

of spas, wellness areas, shops, restaurants, a private club, a theatre, and a casino.

Interior spaces will be shaped and decorated by Florence-based Bönan Studios.

In a description of the project, Cipriani said the rehaul would include the "faithful reconstruction of the emblematic" hotel, both



The project will give the 1950s-era Hotel San Rafael a new lease of life

preserving and complementing its original design. Construction is expected to unfold in phases, with the first stage anticipated to be completed in 2021.

Founded as Harry's Bar in Venice in 1931, Cipriani currently boasts a global portfolio. Details: http://lei.sr/d6W5d_S

Shinta Mani Wild opens luxury spa

Bensley Collection - Shinta Mani Wild, a luxury glamping resort in Cambodia, has opened a new spa which fuses alfresco riverside treatments with ancient Khmer practices and products made from natural, foraged ingredients.

The spa, called the Khmer Tonics Spa, is located in the Southern Cardamom National Park, a short walk from the main camp, and is billed as a 'perfect oasis' for weary campers. It features two treatment rooms, set in a tree canopy amid dramatic natural boulders and offers

an extensive treatment menu, designed to celebrate Cambodia.

Treatments on offer include a river stone foot massage, full body scrub, detoxifying facial and natural heat healing, all using chemical-free tonics made from a blend of medicinal plants, herbs and spices foraged for in the surrounding rain forest.

Guests can also experience the traditional Khmer art of healing through the spa's full body massage, which incorporates acupuncture techniques and passive stretching. Other experiences on offer include yoga, guided



The spa offers ancient Khmer products made from natural ingredients

meditation and tenkara, a meditative form of Japanese catch-and-release fly fishing.

In addition, guests can choose where they want to have their treatments, whether in the luxurious treatment rooms, the deck of their tent or in a jungle setting outdoors.

Savin Pov, spa supervisor at Khmer Tonics, said: "Consulting with shamans we have identified the most enriching and detoxifying herbs and spices to create oils, scrubs, and wraps which are in every sense of the word Khmer Tonics."

Details: http://lei.sr/S2P5Q_S



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Cornish spa to reflect area's history

A multi-million pound spa is set to debut on England's most southerly coast this summer.

The Mullion Cove spa – located at the hotel by the same name – will feature three treatment rooms and expansive views over Cornwall's Atlantic coast. A full range of facilities will include an indoor hydrotherapy infinity pool, sea-view steam rooms, saunas, salt laconium, experience showers and fully equipped gym.

the South West Coast Path.

Outside, decking will sweep around the edge of the building, leading to the hotel's refurbished outdoor, newly heated swimming pool and more spaces to relax including a hot tub and outdoor seating area – all facing the Atlantic Ocean, bordered by

The new wellness centre uses colours throughout to reflect the area's rich mining history, with coppers, bronzes, brass, tins, silvers



Outside facilities include a heated swimming pool and relaxation areas

and granite all featuring alongside shades of blue and turquoise to mirror the ocean.

Mullion Cove has partnered with Irish skincare brand Voya, using the shared Atlantic connection to highlight the brand's products, which are hand-harvested from wild seaweeds. The bespoke treatment menu includes an extensive list of Voya's regenerating treatments. Details: http://lei.sr/C6V2F_S

GWD 2019 "reaches millions"

The Global Wellness Day (GWD) reached more than 7,000 locations in 150+ countries across six continents during 2019 – resulting in millions of people getting involved.

In the eight years since its inception, the annual celebration of wellness has grown exponentially and this year saw the involvement of a host of high-profile celebrities. These included Oprah Winfrey and her best friend Gayle King posting on

social media how they were celebrating GWD by taking a morning hike with the dogs.

According to GWD founder, Belgin Aksoy, the sheer variety, volume and interest in the projects means that the event has now truly "arrived".

"The beauty of GWD is that no matter where in the world it is celebrated, the aim is to always take the current wellness level of the community and enhance it with complimentary wellness activities," she said.

"GWD events range from having lice cleaned from children's hair in Myanmar 'No Man's Land' to yoga with celebrity instructors on the Helipad of Four Seasons Hotel in Beverly Hills.



GWD reached 7,000 locations in 150+ countries and saw the involvement of high-profile celebrities including Oprah Winfrey (right).

"GWD is inclusive, embracing and a fit for any community. That's part of what makes it so magical."

With the motto "One day, can change your whole life!", the focus for the 2019 event – which took place on 8 June – was on building communities of wellness. Individual initiatives included Weight Watchers inviting its global community to take a "small step towards a healthier life" and sharing whatever action they took on social media – and tagging a friend to create a positive ripple effect.

New countries taking part in the event this year included China, Peru, Kenya and Zimbabwe. *Details: http://lei.sr/a7Q2K_S*

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CALENDAR

4-6 August 2019 American Spa CBD Conference

A first-of-its-kind event is for those in the spa industry to learn information, best practices, and solutions from industry experts on CBD-infused experiences. www.americanspacbdsummit.com

5-7 September 2019 Annual SWAA Conference

Sarova Whitesands Beach Resort & Spa, Mombasa, Kenya The event will look to define Africa's role in the global wellness phenomenon. www.swaafrica.org

11 September 2019 Green Spa Network Breakfast

The Venetian, Las Vegas, US Now in its second year, the ISPAsponsored breakfast event attracted 70 attendees last year. www.greenspanetwork.org

9-11 September 2019 SpaChina Summit

Ritz-Cartlon, Xi'an in China The event provides delegates a unique insight into the growing Chinese market. www.spachina.com

11-13 September 2019 ISPA Conference and Expo 2019

The Venetian, Las Vegas, US
The annual ISPA Conference & Expo brings
professionals from all spa industry sectors
together in one location.
www.attendispa.com

16 September 2019

UK Spa Association - Summer networking event

South Lodge, Horsham, West Sussex, UK An opportunity for the leaders of the UK spa sector to catch up on developments and trends.

www.spa-uk.org

19-23 September 2019 CIDESCO World Congress & Exhibition

Chicago, United States
The event offers industry professionals
the opportunity to interact and
network with colleagues across
the wellness industry.
www.cidesco.com/events



15-17 October 2019 Global Wellness Summit

Grand Hyatt Hong Kong

The Global Wellness Summit (GWS) is an invitation-only international gathering that brings together leaders and visionaries to positively impact and shape the future of

the dynamic \$4.2 trillion global wellness economy. The summit and its seminar programme are based around the aim of challenging delegates to look at the way business is done and to create new, collaborative models for the future. www.globalwellnesssummit.com

19-20 September 2019 Termatalia

Expourense, Ourense, Spain

Officially entitled the 19th International Fair of Thermal Tourism, Health and Welfare, the event aims to be the "thermal bridge between Euroasia and America".

www.termatalia.com

21-22 September 2019 World Wellness Weekend

Locations worldwide

On the third weekend of September, 2,000+ spas, yoga studios and fitness clubs in 100 countries open their doors to boost wellness. www.world-wellness-weekend.org

22-25 September 2019 We Work Well

Ritz-Carlton, Dove Mountain, Arizona, US The event challenges attendees to reimagine how they cultivate business in holistic ways weworkwellevents.com/events

25 September 2019

Asia Fitness & Wellness Summit

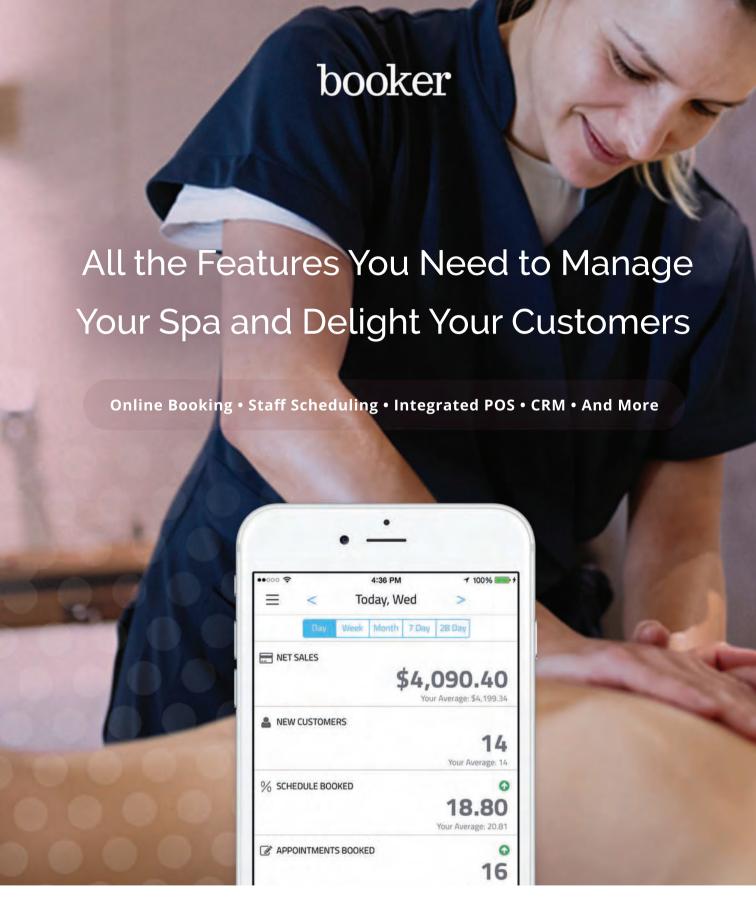
Mira Hotel, Hong Kong Exclusive thought leadership and business development conference for the industry. thefitsummit.com/events/asia

29-30 September 2019 **Olympia Beauty**

Olympia Exhibition Centre, London Now in it's 15th year, the show attracts around 20,000 beauty professionals to London. www.olympiabeauty.co.uk

28 October 2019 Women in Wellness Leadership Conference

The Waterfront Beach Resort, California, US A conference for women who aspire to leadership in the wellness industry. The sessions will address some of the most pressing issues facing women leaders and leaders-to-be. www.americanspawiw.com



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SPATEC EUROPE 2019

The 13th edition of SPATEC Europe was held in June. The event attracted more than 100 delegates from across the wellness sector

aking place at The Grand Hotel Dino in Baveno, on the shores of the Lago Maggiore in Italy, the delegates were treated to perhaps the most scenic setting for a SPATEC event to date. Taking place between the 19 and 22 June, the event offered a platform for serious-vet-relaxed business discussions and the building of lasting professional partnerships.

SUPPLY AND DEMAND

The attending buyers were based in 12 different countries, representing more than 600 of the leading hotel, health, destination and resort spas (and projects) across Europe and beyond. Of these, nearly half were attending SPATEC Europe for the very first time - or were attending in a new role.

"The event offers a fantastic opportunity to meet new suppliers in an informal and relaxed way, which has helped to grow several great relationships that will definitely turn into business," said Victoria Rickett, spa manager at Rockliffe Hall, UK.

Suppliers, meanwhile, represented companies from the UK, France, Germany, Italy, Spain and the US and showcased a wide range of products and services. From skincare products and furniture to software systems and equipment, nearly a third of the suppliers were new to SPATEC Europe - or were returning after an absence of a year or more.

In total, there were 600 pre-scheduled, one-to-one meetings over the course of the event. In addition, there were out-of-the-box team-building activities -such as a danceoff including moves featured in the popular video game Fortnite and dragon boat racing on the lake. There were also keynote sessions from Erica D'Angelo, director of wellbeing at Borgo Egnazia and Belgin Aksoy, founder of Global Wellness Day.





Erica D'Angelo, director of wellbeing, Borgo Egnazia (left) with Stephen Pace-Bonello, director, SPATEC Europe















SPATEC 2020

Next year's SPATEC Europe will take place between the 13 and 16 May 2020 at the **Anantara Vilamoura Algarve Resort in Portugal.**

For more information please contact: Stephen Pace-Bonello, event director

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The mainly hilly 52 ha estate has been owned since 2009 by Cadavais Investimentos Turisticos, Lda and its founder and managing director has now fully developed his vision of a high quality, exclusive retreat which will take full advantage of the tree-lined hillsides, the river Guadiana and the large reservoir.

Key facilities will include a 1230m² wellness centre overlooking the reservoir with restaurants, lounge, conference rooms, cinema, hotel, 100 luxury 2 and 3 bedroom lodges, a large health spa plus a possible recovery centre (those 'healing' elements), restored windmills and miles of Cadavais trails to walk or cycle along.

The provision of these facilities is flexible and others are possible such as tennis course and use of the reservoir.

For more information click here: http://lei.sr/n3s8r





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From the creators of Urban Retreat, 'The White House' a new hair, beauty and hospitality concept is set to open in Knightsbridge this Spring. Be a part of this amazing team set to redefine the London beauty scene.

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- Must adhere to salon standards of exceptional personal grooming, representing the Urban Retreat brand to the highest of standards

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- Ensure everyone is working to the company standard operating procedures at all times
- Ensure a five-star experience is delivered to every client at all times along with excellent management of any client complaints

The ideal candidate must have worked in a management role in the beauty or retail industry and be extremely driven, ambitious, personable and sales orientated.

- Minimum 2 yrs management experience gained within a beauty business environment
- Have a consistent upbeat demeanour
- Demonstrate strong leadership skills being a true people's person
- Have lots of initiative and thrive working under pressure
- Proven track record in setting and delivering against KPI's/sales targets
- Strong business acumen
- Must be able to demonstrate an excellent track record or fantastic client service skills
- Proficient in MS Office along with previous experience in a salon booking system is essential
- Excellent written and verbal communication skills
- Highly organised and motivated
- Have the aspiration of progressing and want a career path in this industry
- A minimum of 3 years working Visa
- Fully Flexible working ability (This will include working some weekends and evenings)

Apply now: http://lei.sr/c7X8b

GOCO's Kazakhstan wellness project

Continued from front cover

"The location is truly perfect for a wellness resort, with the air and water being so fresh, and the stunning natural surroundings incredibly vitalising," said Ingo Schweder, chief executive of GOCO Hospitality.

The key attraction of the resort will be the 4,000sq m medical and wellness centre, which will provide guests with access to state-of-the-art medical diagnostics, imaging and treatment equipment, along with a team of qualified

medical and wellness professionals.

This will be combined with traditional Chinese medicine, an advanced medical aesthetics centre, hydrotherapy, a dedicated spa and extensive heat and water experiences.

Guests will enjoy tailored wellness programmes that support them in their goal of living their healthiest possible life.

A 2,000sq m thermae will provide familyfriendly activities, with an aqua park, a thermal



Due to open in 2020, the resort will be located on forested land

circuit and indoor and outdoor pools fed with natural mineral spring water.

Guests will also be able to dine at any of the resort's four health-focused food and beverage outlets, and the adjacent 18-hole golf course and extensive local hiking routes allow for leisurely outdoor recreation. An indoor gym and mind and body studio will be complemented by tennis and basketball courts. Details: http://lei.sr/n8p9H_S

Mövenpick resort opens in Bangkok

The Mövenpick BDMS Wellness Resort Bangkok has opened in the Thai capital city. Nestled in the heart of Sukhumvit, the resort is surrounded by 1.2 acres of lush greenery with trees dating back over a century, and is designed as an urban health retreat.

Featuring 293 bedrooms and suites with balconies that overlook the gardens, guestrooms come equipped with yoga mats, a dedicated health and fitness TV channel and a range of signature in-room amenities.

Health-conscious travellers can opt to visit BDMS Wellness Clinic, adjacent to the hotel, for a range of preventive healthcare treatments including physiotherapy, digestive wellness, dental and fertility treatments.

"With travellers placing more value on health and wellness than ever before, we are very excited to bring this innovative new concept to the market," said Lindsay Madden-Nadeau, director of wellbeing for Mövenpick's parent company Accor. "Increasingly, wellness



Guests can visit the BDMS Wellness Clinic, adjacent to the hotel

is moving beyond the walls of the spa and fitness areas with guests also wanting greater access to personalised programming.

"Our new offering in Bangkok is a perfect example of how Accor and its leading hotel brands are meeting this need and delivering sustainable, approachable wellbeing concepts to visiting guests as well as local communities."

Leisure facilities at the hotel also include an outdoor pool and a fitness centre . A spa will also open at the end of the year.

Details: http://lei.sr/T4k3t_S

ADDRESS BOOK

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Australasian Spa Association

T: +61 4 3003 3174 W: www.spaandwellness.com.au

Bali Spa and Wellness Association (BSWA)

 $\hbox{W: www.balispawellness-association.org}$

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