



Treatment beds offering stunning views of the Amazonian sunsets, a spa soundtrack provided by the surrounding wildlife and 100% natural products derived from

botanical extracts all combine to give guests an entirely local experience.



In addition to the exceptional setting, guests can expect to find a highly bespoke treatment menu built around a combination of ancient Peruvian traditions and exotic indigenous ingredients.



Those looking to experience the healing powers of Peru's medicinal plants should try the Amazon Purification Treatment. Our signature treatment at Inkaterra Reserva Amazónica uses a gel mask made from the Cat's Claw (*uncaria tomentosa*) plant to purify and cleanse the body, whilst a face massage helps increase the flow of the

lymphatic system.



For the weary walkers, our Foot Therapy is the perfect way to take the weight off. Starting with a foot soak in salts and a selection of plants and flowers from the region, the treatment exfoliates and rehydrates the skin and will get you back on your feet ready to carry on with your Amazonian adventure.



However it isn't just plants from the surrounding area that we use in our treatments, but the stones as well. Our Cold Stone Massage applies therapy stones taken from

the Madre de Dios River to the main energy points of the body, allowing their energy to cool and relieve the tension in the body. Following this, a face massage using a Peruvian turquoise gemstone is used to heal the heart. The stone, which holds the power of Mother Earth, will help improve your peace of mind, self-expression and creativity, ensuring you leave us feeling refreshed and revitalised.



As well as relaxing at ENA Spa, guests at Inkaterra Reserva Amazónica are also able to participate in a number of additional excursions. From a night time rainforest trail to a guided afternoon boat ride, the Inkaterra Canopy Walkway to a visit to Lake Sondoal, our excursions and facilities cater to all tastes.



For more information on the ENA Spa, Inkaterra Reserva Amazónica and the other Inkaterra properties, please visit www.inkaterra.com



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