

# asiaSpa

May/June 2019

## THE FIT ISSUE

**AMPOULE  
BEAUTY**

**ONE-STOP  
WELLNESS**

**AUSTRALIAN  
BUSHWALKS**

CREATE BALANCE

**+10  
TOP  
HIGH-TECH  
FIT KITS**



Hong Kong, China HK\$48 • Singapore S\$8 (inc GST)  
Malaysia M\$20 • Thailand B200 • China Rmb60  
Philippines P285 • Indonesia RP70,000 (inc tax)  
Australia AU\$8 • New Zealand NZ\$8 • Japan ¥1,500 • South Korea ₩6,000  
Taiwan, China NT\$200 • Rest of Asia US\$7 • USA US\$8 • Rest of world €7





DOHA

## Vichy Business

Just 15 minutes from the Doha Hamad International Airport, the **Tivoli Spa** at the Souq Al Wakra hotel Qatar is fitted with the latest wellness technologies including Vichy showers inspired by France's famous thermal hot springs. High-end products feature natural ingredients that are used in tailor-made treatments to target the physical signs of stress and ageing.

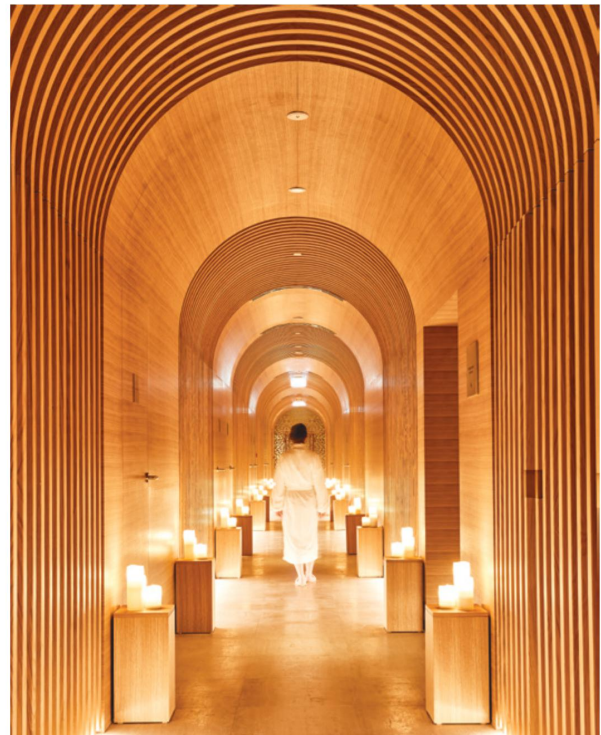
[www.tivolihotels.com](http://www.tivolihotels.com)

DUBAI

## Spa Jewel

The menu at Emerald Palace Kempinski Dubai's **Cinq Mondes Spa** lists wellness practices from around the world all under one roof: Turkish hammam, North African Rhassoul wrap, Japanese Bath Ceremony, Thai Papaya Scrub...the list goes on. Book the Private Suite to get the Japanese bathtub and double hammam to yourself.

[www.kempinski.com](http://www.kempinski.com)



URUBAMBA

## River Song

The 370sqm **Mayu Spa** at Inkaterra Hacienda Urubamba houses four therapy rooms, a plunge pool, dry sauna and healing garden filled with aromatic and medicinal plants used in the treatments. Those seeking quality sleep can opt for Pinda Kkora Jampi, where organic cloth bags filled with peanuts and herbs are pressed on the body to release muscle tension. The Andean Hot Stones treatment uses stones from the river and promotes inner peace and relaxation.

[www.inkaterra.com](http://www.inkaterra.com)