

10 TIPS FOR THOSE TRAVELING TO PERU

APRIL 1, 2019 GREGORY MASLENNIKOV

Important little things you should know so as not to spoil your journey.

To warn you about possible confusions that could happen in Peru, we asked the artist Gregory Maslennikov and the photographer Guilherme Licurgo (Guilherme Licurgo), who went there to make shots for the art project Back to the Roots, and are now ready to become the ones for whom mistakes you will learn, collecting bags in this country.

ONE

You need a tanning cream
SPF 50 is the minimum

The cities of Peru in the region of Cusco are located at an altitude of more than 3000 meters above sea level, the sun is very active here. You really, and not figuratively speaking, will not have time to notice how instantly you will burn even in cloudy weather. At first, I used cream with SPF 30, and from the third day of the trip - SPF 90, but it was too late. Start with SPF 50, do not lose.

2

You need a car
Best - SUV

In Peru, let's say, there are problems with a taxi, and drivers have to wait a very long time. This is only one argument in favor of a rented car. The second - much more important - is the local roads. You will find a unique combination of Swiss serpentine and the terrible quality of the roads themselves. Asphalt can be replaced by a stone, dense earth, pits are often found, but all this is compensated by the species for which the journey is made.



First of all, plan a trip to the salt mines of Salinas de Maras, these are 3500 pools, each belongs to different families and is inherited. The higher the pool is, the whiter salt forms when water evaporates.

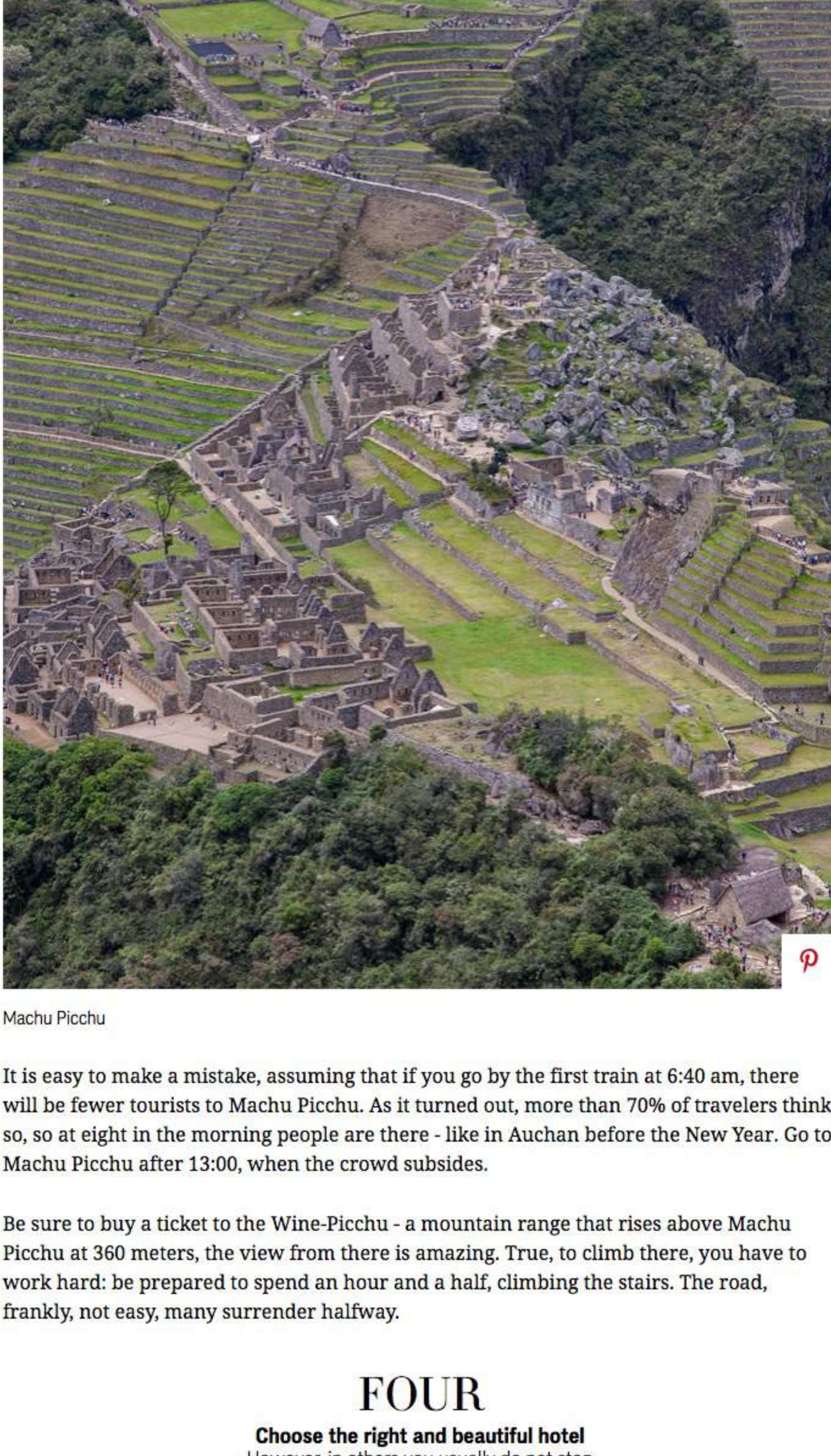
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Tour to Machu Picchu
Life hacking: go there after dinner



The best time to visit Machu Picchu, as it turned out, after 13:00.

Peru can not be imagined without Machu Picchu. Getting there is not so easy, lay on the trip all day. The simplest thing is to contact the concierge to book you train tickets (it's impossible to get there by car) and entrance tickets. In the hot season (March - August) tickets need to book in advance. At the hotel, we were also offered a personal guide, entrance tickets and a lunch - this pre-designed set will greatly simplify your life.



Machu Picchu

It is easy to make a mistake, assuming that if you go by the first train at 6:40 am, there will be fewer tourists to Machu Picchu. As it turned out, more than 70% of travelers think so, so at eight in the morning people are there - like in Auchan before the New Year. Go to Machu Picchu after 13:00, when the crowd subsides.

Be sure to buy a ticket to the Wine-Picchu - a mountain range that rises above Machu Picchu at 360 meters, the view from there is amazing. True, to climb there, you have to work hard: be prepared to spend an hour and a half, climbing the stairs. The road, frankly, not easy, many surrender halfway.

FOUR

Choose the right and beautiful hotel
However, in others you usually do not stop

Pay attention to the town of Sacred Valley - one of the iconic points on the map of Peru. It successfully combines style, comfort and beauty of the natural landscape. Besides the fact that this is a beautiful valley with a magnificent view, it is also a strategically correct place to visit the sights of Peru: the cities of Cusco, Machu Picchu, the salty valleys of Maras, monuments and archaeological sites, the Inca Bridge, Rainbow Mountains and much more.

Zapukiruet hotel Inkaterra Hacienda Urubamba - it is located in the valley of Urubamba (named after the river with the same name), which at the time of the Incas was a sacred place. Scientists believe that this is the center of the Inca Empire.

Hotel Inkaterra Hacienda Urubamba

FIVE

Always keep a small change in your pocket.

Do not pay attention to the locals with their colorful outfits here is impossible. If you need their advice or you just want to take a picture with them, you can exchange a coin (or a chocolate bar for children) for a good shot and a grateful smile from the locals.



6

Be sure to take athletic shoes
Most comfortable

In Peru, historically, the Incas have not invented the wheel, and therefore the whole system of roads is based on steps. Will have to walk a lot. Lots of. Peru is generally a country of steps.

7

Always lay an extra hour on the road.
Stones, traffic jams, building - all this will certainly hurt you

In Peru, quite often a lot of repairs take place or bridges are built. The navigator in the phone does not always correctly display the current information about the work, so sometimes you have to stand for 20-40 minutes, and sometimes you have to spend 4 hours to overcome 120 km.



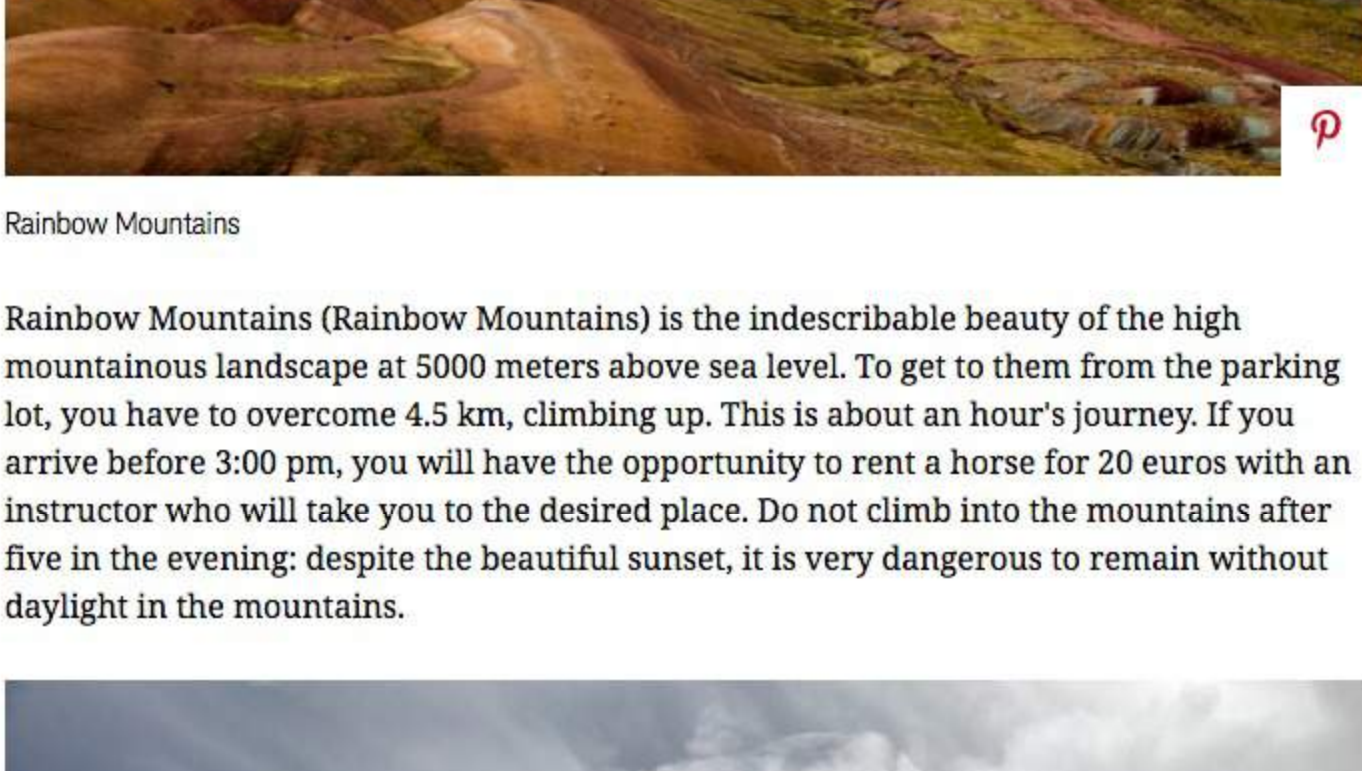
EIGHT

You need a decoction of coca leaf

From the height, your head will somehow ache and the pressure will rise. A person who does not live in Peru needs from one to two weeks to adapt to a height above sea level. In any hotel can cook a decoction on coca leaves - an old remedy that relieves pain and reduces pressure.

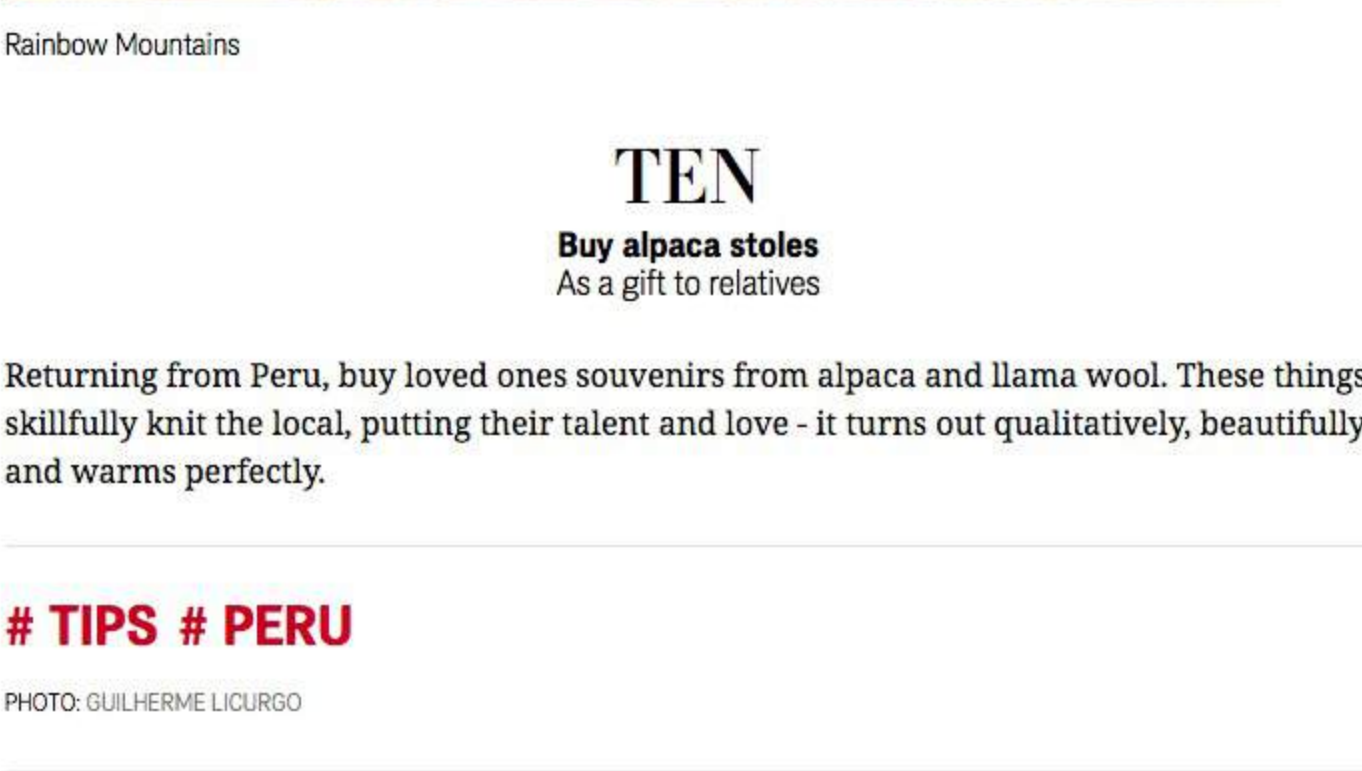
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Be sure to visit Rainbow Mountains
Have time to 15:00



Rainbow Mountains

Rainbow Mountains (Rainbow Mountains) is the indescribable beauty of the high mountainous landscape at 5000 meters above sea level. To get to them from the parking lot, you have to overcome 4.5 km, climbing up. This is about an hour's journey. If you arrive before 3:00 pm, you will have the opportunity to rent a horse for 20 euros with an instructor who will take you to the desired place. Do not climb into the mountains after five in the evening: despite the beautiful sunset, it is very dangerous to remain without daylight in the mountains.



Rainbow Mountains

TEN

Buy alpaca stoles
As a gift to relatives

Returning from Peru, buy loved ones souvenirs from alpaca and llama wool. These things skillfully knit the local, putting their talent and love - it turns out qualitatively, beautifully and warms perfectly.

TIPS # PERU

PHOTO: GUILHERME LICURGO