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LUXE LODGINGS / SPA TRAVEL

8 Original Treatments in Hotel Spas Around the World

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In recent years, health & wellness has been a trend in spas with a move to use all natural ingredients. But how do luxury hotel spas stand out from the rest? Luxe Lodgings contributor Angela Fairhurst found eight unique and interesting treatments in hotel spas around the world.

Inkaterra Machu Picchu Hotel, Peru – UNU Spa



The private 12-acre mountainside reserve Inkaterra Machu Picchu Pueblo Hotel is located at the foot of Machu Picchu Mountain. The UNU Spa combines classic nurturing with a mystical Andean approach using products derived from local botanical extracts such as mint, eucalyptus, and orchids. UNU Spa has recently added three unique new treatments to their menu: The Quinoa Facial combines quinoa and a milk-based cleanser to exfoliate, moisturize, and invigorate the skin, followed by a relaxing massage; The Tea Plantation Body Wrap is a purification session in the Andean sauna followed by a body wrap with tea leaves from the Inkaterra garden to absorb its antioxidant properties and a trio of massages; and their Sacred Coco Leaves treatment is a combination of exfoliation with coca product and massage to increase blood circulation and eliminate impurities.

