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Celebrities tell us their holiday likes and dislikes, including Lorraine Kelly's penchant for Antarctica, and an Irish ferry romance for Huw Stephens

Let's get this summer started

Fred Sirieix Maître d', Channel 4's First Dates



Where are you going? Western France. I'm going with my two children - eight and 13 - and renting a place with my parents in the Vendée. The weather's not so good there - it's like Cornwall. I've been going since I was a boy.

First thing you'll do? Have a catch-up with my mum and dad - talk about the politics going on in France. And then its oyster time!

Fly and flop, or active? I was in Canada not long ago and had a very active time. Last year, I went to Jamaica and just lay on the beach waiting for time to pass. It was perfect.

Checking your emails or digital detox? I work all the time. I can't cut myself off. I enjoy what I do, so it's not a problem.

Eat in or out?

I like to eat well on holidays. We cook on the BBQ and drink wine.

Where's on your bucket list? Tokyo. I've read lots of books about Japan; I like the philosophy, the tea ceremony, the design.

Best holiday memory?

All my holidays when I was a kid, up to age 15 or so. I didn't think about work ... it was just playing, meeting friends, kissing girls. We went all over France.

Least like to be stuck next to on plane? You need a list? Nigel Farage. Theresa May. Donald Trump. But Nigel is number one, I think.

● *Secret Service: Lifting the Lid on the Restaurant World*, by Fred Sirieix, is published in October

Lorraine Kelly Journalist and TV presenter



Where are you going? I'm off to Singapore to see my daughter Rosie. She is working there. It's a city I love and it makes a perfect base for exploring other parts of south-east Asia.

What's on your reading list?

The new Marian Keyes novel *The Break* - I was lucky enough to get a preview copy. I love travel writer Colin Thubron and I have *South* by Sir Ernest Shackleton in my rucksack.

What's your summer soundtrack?

Biffy Clyro, Ne-Yo, The Proclaimers, Gloria Estefan in Spanish, George Michael, Bowie, the Cure, Hue and Cry.

Checking emails or digital detox? I'm addicted to social media. I was in Antarctica and South Georgia this year and couldn't get a signal very often. I enjoyed the digital silence.

Eat in or out?

Always out. I love Indian and Asian food and I like to try local delicacies.

Where's on your bucket list?

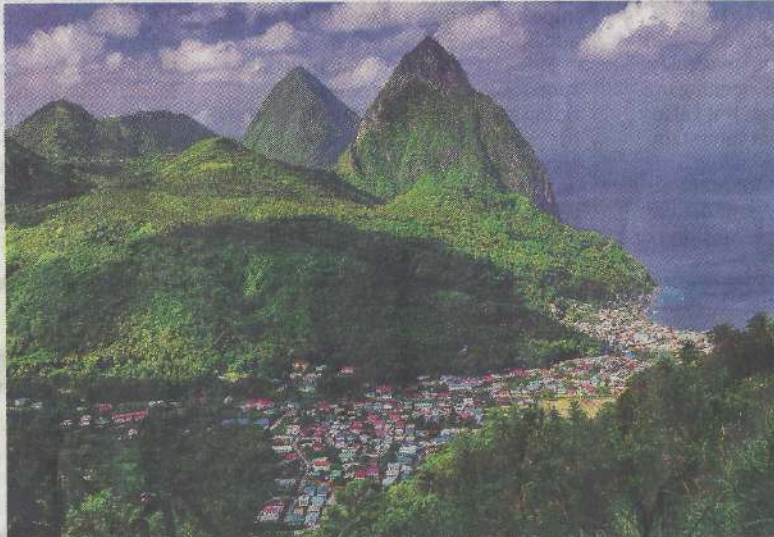
I've been lucky enough to go to my top destination and follow in the footsteps of Ernest Shackleton. I want to go to Greenland and Siberia, and would go back to South Georgia tomorrow.

Best holiday memory?

Standing at Shackleton's grave in Grytviken, South Georgia, and toasting him with a dram of the finest malt, while watching seals and penguins.

Who would you least like to be stuck next to on a long plane journey? Donald Trump. A self-obsessed bore.

► Peak experience ... DJ Sian Anderson is looking forward to reading on a St Lucia beach



Adil Ray Actor and comedian, creator of Citizen Khan



Where are you going? Australia. I've got family in Sydney.

First thing you'll do?

Go for a nice dinner. It will probably have to be something Pakistani. Years ago, I did try crocodile meat and barracuda - rubbery chicken, as far as I'm concerned.

What's on your reading list?

How Not to Be a Boy, Robert Webb's book coming out in August; *The Wit and Wisdom of Test Match Special* by Dan Waddell; and, after hearing about it on Radio 4, *Erotic Stories for Punjabi Widows* by Balli Kaur Jaswal.

What's your summer soundtrack? I've just discovered a great album by Harleighbu, called *Futurespective*. It's sort of soul, jazzy. I listened to Lana Del Rey's *Born To Die* in the Caribbean - when I hear it now, it takes me back to looking at the ocean in St Lucia.

Fly and flop, or active?

I might go and have a look at the Great Barrier Reef, maybe on a boat - I'll look over the edge and then sit back down.

Eat in or out?

Out. I loved Al Fassia in Marrakech. It was run exclusively by women. We had the best 48-hour-cooked shoulder of lamb.

Where's on your bucket list?

I haven't seen any of south-east Asia, so I'd love to do Vietnam and Cambodia.

Ideal travel companion? Magenta Devine. When she was on [BBC2's] *Rough Guide* in the 80s she was different - brash, opinionated. I'd like to do Route 66 with her.

Sian Anderson DJ, Radio 1Xtra



Where are you going? St Lucia: it's where I'm from and I haven't been back since August 2011.

What's on your reading list? Reni Eddo-Lodge's *Why I'm No Longer Talking to White People About Race*. The title is super-controversial, so I want to be in a space that allows me to really relax and take it in with an open mind. The beach is perfect!

What's your summer soundtrack?

Tion Wayne and Kojo Funds' *I'm On*. It's lovely and bouncy with loads of fun flows and a smooth sing-along chorus.

I want to listen to it in the Caribbean, feet in the sea, with a cocktail or two.

Fly and flop, or active?

Ooh, usually fly and active, but St Lucia is more of a continuous street party than a club night, so I might flop.

Checking your emails or digital detox?

I am a nightmare for this: I'm 100% going to end up on my emails. If there's a paid opp to go and DJ in, like, Australia, I wanna know about it lol!

Eat in or out?

Definitely out: I love choice, ordering various things on the menu and having a bit of everything. I'm a foodie, always looking for a restaurant or recipe to try.

Where's on your bucket list?

China. I want to experience a way of life that isn't dominated by social media. I think I'd be able to meditate and reach a new level of spirituality.

Least like to be stuck next to on plane?

A talker. I love flying: I love plane food, films, listening to music, reading, sleeping and waking up. I talk for a living, so it's me time. Leave me alone!

Ideal travel companion? Wiz Khalifa. I would like to stare at him, snuggle on his shoulder and fall asleep. Then I could get back from my no-social-media-in-China holiday and change my Twitter bio to "DJ who dribbled on Wiz Khalifa - book me".

Juno Dawson Author



Where are you going? Like many transgender people, I'm filled with fear when it comes to foreign travel, from being frisked at customs to passport control. And with swimwear etiquette to consider, pool or beach holidays are out. I'll seek refuge in my garden.

What's your summer soundtrack?

It's a bit clichéd, but Lana Del Rey. It's all languid California sun cream and cherry cola. You can roll around in the garden pretending to be Lolita.

Eat in or out?

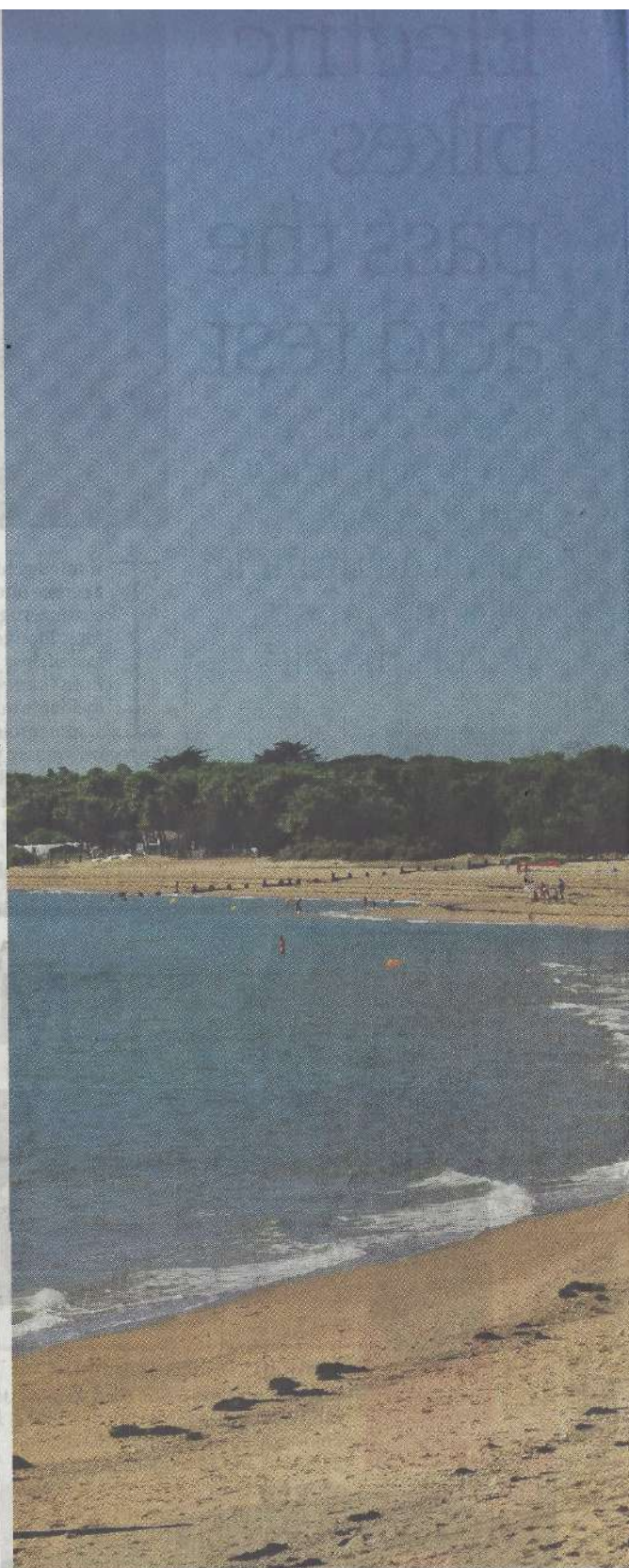
Out, always. Like Sex and the City's Carrie, I use my oven for storage space.

Never travel without?

Ear plugs, factor 50, a Kindle.

Where's on your bucket list?

I'd like to sing Winner Takes It All as badly as Pierce Brosnan on a hillside somewhere on Mykonos. Later this year I'm going to Scandinavia for the first time and I'm super excited. I hope



to meet a very tall, bearded husband.

Best holiday memory?

Randomly running into Cynthia Nixon from *Sex and the City* in Manhattan's West Village. How perfect is that?

Any holiday romances?

I had a grand old time on my final gay holiday to Ibiza in 2014.

Least like to be stuck next to on plane?

A Ryanair flight to Dublin last year was peak stag-do hell. Never again. I'd honestly rather swim.

Shappi Khorsandi Comedian



Where are you going? I opted for rural Mallorca, with my children. We began in magical Deià, with boating and snorkelling in nearby Port de Sóller. We had a night in Pollensa and then a remote hotel in the hills with daily horse riding and swimming. I could have done with a



Sicilian opening

The 2018 Giro d'Italia will include three stages in Sicily: one tackles Mount Etna, and another runs from Agrigento to the Belice Valley, to mark 50 years since the area's devastating earthquake

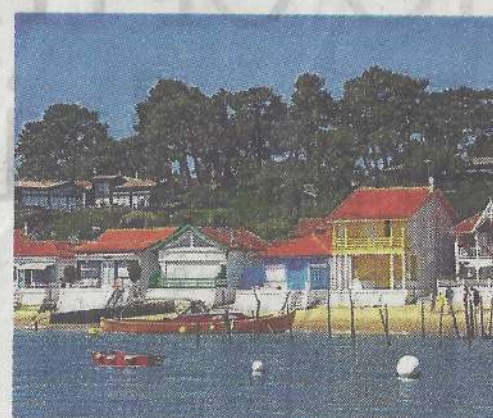


A bridge too high

The world's longest pedestrian suspension bridge has opened to hikers in the Swiss Alps. The 494-metre bridge connects Grächen and Zermatt; it is 86 metres high and just 65cm wide.



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looking forward to reading the Brian Wilson memoir, too.

What's your summer soundtrack?

There are albums by singer songwriters H Hawkline and Nick Hakim, which I love, and beatmaker Don Leisure. New albums by Jay Z and Kendrick Lamar are sounding incredible.

Fly and flop, or active?

Flop. The most active thing I've ever done was rent a bike in New Zealand 10 years ago and more recently in LA. Even then, I had an ice-cream in my hand.

Eat in or out?

Out. My wife is a lot better than me at finding nice places. But it's great just wandering around until you see something you like the look of.

Where's on your bucket list?

Japan! I'm always jealous of bands I interview who have toured Japan, and they all adore it. I've wanted to go ever since seeing videos of Gorky's Zygotic Mynci there back in the 1990s.

Best holiday memory?

My wife and I drove from San Francisco to Los Angeles last year, through Big Sur. The Madonna Inn in San Luis Obispo was a highlight, with every room on a different theme.

Any holiday romances?

I snogged a girl on the ferry to Ireland once, in the mid-1990s. I couldn't believe my luck!

Who would you least like to be stuck next to on a long plane journey?

A Kardashian.

● Huw Stephens' show is on Radio 1 Mon-Wed at 10pm, and BBC Radio Cymru on Thurs

Martin Morales

Chef and founder of Ceviche



Where are you going?

Mudeford Sandbank Beach, Dorset. We've hired a beach hut, so my wife can relive her childhood memories.

Mine are harder to access because Peru is thousands of miles away.

First thing you'll do?

Buy some fish and seafood.

What's on your reading list?

I Know Why the Caged Bird Sings by Maya Angelou.

What's your summer soundtrack?

The Fania All Stars catalogue.

Fly and flop, or active?

Hectic and happy. Then a pisco sour.

Eat in or out?

Both. I like to discover and experiment with others' cooking and ingredients.

Where's on your bucket list?

Kerala, New Orleans, South Korea, Laos, Ethiopia, west coast of Scotland. All because of their food and music.

Best holiday memory?

Peru, December 2016. At the hotel Inkaterrea Reserva Amazónica in the Madre de Dios rainforest. A real eye-opener, it was the most vivid and magical encounter with nature we've ever had and my kids smiled non-stop.

Any good holiday romance stories?

My honeymoon was littered with disaster. Our Airbnb in Sardinia was next to a house with a caged rottweiler that never stopped barking. On the third evening, it did stop. Relief, we thought. But alas, "Rottie" had escaped! We moved the next day.

● Martin Morales' *Andina: The Heart of Peruvian Food* will be published on 5 October by Quadrille, £27

livelier bar, but the holiday was a total relaxation before Edinburgh [fringe festival].

What's on your reading list?

Lois Pryce's *Revolutionary Ride* is a warm, funny account of a road trip in contemporary Iran. It's had my whole family howling with laughter and shedding a few tears.

What's your summer soundtrack?

My summer obsession is Stormzy. I'm learning Shut Up for my show.

Fly and flop, or active?

I'm happy to flop for a couple of days but I get very bored and need to do stuff. I'm not a massive sun worshipper and I like to explore.

Checking your emails or digital detox?

I'm self-employed! Edinburgh is coming! Of course I check my emails.

Eat in or out?

Both. I love good sun-ripened ingredients to splat into a pan. There's also stuff I only eat on holiday - you will never find me shoving fresh anchovies into my mouth in London.

Never travel without?

Earl Grey tea bags, tweezers.

Where's on your bucket list?

Nowhere. I am immortal.

Any holiday romances?

In Los Angeles, a hot guy drove me up to the hills to "listen to Beethoven's Ninth Symphony". I thought it was a euphemism but it wasn't. We listened to it, then he drove me home. I don't know what I did wrong!

Least like to be stuck next to on plane?

Someone with a very weak bladder. ● Shappi Khorsandi performs *Mistress and Misfit* at Assembly George Square Studios, Edinburgh Festival Fringe, until 28 August

Cressida Cowell Author of How to Train Your Dragon



Where are you going?

The Bassin d'Arcachon near Bordeaux. It's a wonderful stretch of coast - with powerful surfing waves on

one side, and calm, warm water in the nearby lagoon.

First thing you'll do?

A lot of France's oysters come from here, so we'll go to one of the shacks by the sea and eat some.

Fly and flop, or active?

A mixture: we do Scrabble and card games, but also loads of swimming, body boarding, bicycling and walking.

Eat in or out?

Both, as long as it's delicious - I am very greedy! French markets are wonderful - I love to get fish from the market.

Never travel without?

I always take physical books - never a Kindle. It doesn't feel the same to me.

Where's on your bucket list?

Japan, India, or Australia - anywhere long-haul, because for a long time I had a flying phobia.

Best holiday memory?

Taking the children to LA to see *How to Train Your Dragon*. We stayed at the Chateau Marmont - it was incredible.

Russell Norman Co-founder of restaurant Polpo



Where are you going?

We have rented a finca just outside San Miguel in Ibiza. It's a quiet part of the island, up in the north-west, and we will be surrounded by garlic fields and sheep.

What's on your reading list?

How Music Works by David Byrne, *The Ferryman* play by Jez Butterworth, and *Tall Oaks* by Chris Whitaker.

What's your summer soundtrack?

My daughter Martha is performing at Port Eliot Festival, so we will be listening to her practise.

Eat in or out?

I love cooking for my family and I'm keen to perfect my paella.

I never travel without ...

Vintage sunglasses. I've developed a bit of a habit.

Best holiday memory?

Flying a kite in St George's Bay, Padstow, in 2005. My wife was pregnant with our first daughter. When the sun shines, Cornwall is unbeatable.

Ideal travel companion?

Jan Morris, the greatest travel writer of them all.

Huw Stephens Radio 1 DJ



Where are you going?

West Wales. I go to a lot of festivals over the summer, and I was at South by South West, in Austin, Texas, in March, and in New York in May, so we're going to keep it Welsh and see where we land in Pembrokeshire. We did this about five years ago, on the coast between St Davids and Solva, and it's very pretty.

What's on your reading list?

I've just started reading a brilliant book by Lizzy Goodman called *Meet Me in the Bathroom*, Rebirth and Rock and Roll in New York City 2001-2011. The *Old Red Tongue* is an anthology of Welsh writing translated into English, from the sixth century until now. I'm

▲ Escape plans ... (from top right) restaurateur Russell Norman is heading for Ibiza, and author Cressida Cowell will be eating oysters in Arcachon, France

I'd hate to sit next to a talker - I love everything about flying and I talk for a living, so it's me time

In LA, a hot guy drove me to the hills to listen to Beethoven. I thought it was a euphemism - it wasn't