

# Ask Frank Barrett: For the height of romance try a honeymoon in Peru's treetops, and head to Sussex for yoga

- The Mail on Sunday Travel Editor Frank Barrett answers readers' questions
- He suggests the lavish Inkaterra properties in the jungles of Peru for newlyweds
- Frank also endorses Ockenden Manor in Sussex for an English yoga retreat

By FRANK BARRETT FOR THE MAIL ON SUNDAY

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The Mail on Sunday Travel Editor Frank Barrett answers readers' questions about a honeymoon and a country yoga retreat.

**Question:** I'm getting married this year and we're looking for a honeymoon destination with a difference – somewhere offering adventure, escapism and romance. Penny, by email

**Answer:** How about Peru? With its 'cloud forests', rich history and snow-capped mountains, it's ultra-romantic.



© Inkaterra

Inkaterra hosts lavish honeymoon adventures in their luxury Peruvian properties, one pictured

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Eco and sustainable tourism pioneers Inkaterra can host honeymoon adventures in their luxury Peruvian properties, from the heart of the Amazon to Machu Picchu.

You can even spend the night in a 'canopy tree house', suspended 90ft above the rainforest floor.

You'll have a private butler, dinner under the stars and a canopy night walk through the treetops before heading to the city of Cusco to enjoy the best of Andean culture and cuisine.

Cox & Kings ([coxandkings.co.uk](http://coxandkings.co.uk), 020 3642 0861) organises tours and tailor-made travel to Peru, staying at Inkaterra hotels.



**Hidden in a glorious stretch of the Sussex countryside, Ockenden Manor, pictured, combines modern spa facilities with elegantly traditional accommodation and offers yoga retreats**

An eight-day/six-night private tour of Peru costs from £2,495pp, including British Airways flights, internal flights and transfers.

**Question:** My mother does yoga classes at a local leisure centre. As a treat, I want to take her to a country-house hotel for a proper yoga retreat. What can you suggest?  
Marie, by email

**Answer:** Hidden in a glorious stretch of the Sussex countryside, Ockenden Manor combines modern spa facilities with elegantly traditional accommodation.

The spa has an indoor/outdoor pool, a hot tub, gym and treatment rooms. It also offers highly rated three-day yoga retreats with resident yoga teacher Sal Jefferies.

The packages, costing from £453pp, include two nights' half-board, a programme of yoga classes and Nordic walking. For details, go to [tinyurl.com/mxynvuk](http://tinyurl.com/mxynvuk) or call 0800 0893929.