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The New York Times





The Maras salt mines. Danielle Villasana for The New York Times

46. Sacred Valley, Peru

Celebrating food culture in Inca country.

A growing brewery and other food-themed projects are raising the culinary cred in the Inca heartland. Along the Urubamba River, the luxe Chilean ecohotelier Explora has built a 50-room lodge on an old maize plantation, Hacienda Urubamba is offering lessons in making maize beer, and the Lima restaurant IK opened the gastro inn IFK Lodge. And starting in May, a sleeper train, the Andean Explorer, will explore the altiplano with seasonal highland fare in two dining cars, and a grand piano in the bar. — Nicholas Gill

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