

the museum's erotic pottery rooms awaits a Moche-made phalanx of phalluses and a bevy of breasts. Some couples, painted on vases, are even embarking on the less-biblical kind of intercourse. 'Golly,' I say, taken aback.

Much more traditional is the Sacred Valley – stop giggling at the back – of the Incas, a narrow gorge where you'll find the new Hacienda Urubamba. Focused on promoting the rural, rustic traditions of the area, the hotel's acclaimed owner, Inkaterra, specialises in cultural, eco-tourism practices across.

Peru and has received numerous awards for its work.
Following the Urubamba river and flanked by snow-hatted peaks, the Sacred Valley is as fertile as Peru gets. This climatic lottery win explains why the area became an Inca heartland and their Quechua language is still spoken today from Pisac to Ollantaytambo.
In between languishing in

glass-and-wood casitas, guests at the new 36-room hotel can learn more on guided activities. Farm tours teach how the local purple corn is harvested into lethal beer. Our group hikes up into the peaks, then takes a lantern-lit stroll for some ghost stories. Cheery Ángel tells of pishtacos, nasty bogeymen who skin tourists alive. Wait a minute... tourists? 'Ha ha, yes,' he says. 'Be careful!'

Happily, we make it home, skins intact, for a glorious dinner, full of brave and brilliant combinations. I like the baked local trout smouldered in eucalyptus smoke but I actually fall in love with a corn pie and

its guinea pig ragu.

Talking of love, why is everyone kissing in Cusco? Peru's most beautiful city, full of colonial houses and august squares, must also be the most amorous: I lose count of all the couples, young and old, I see locking lips. Maybe there's something in the air. Not that there's much air: Cusco stands at a lung-testing 3,400m high and altitude sickness is a common tourist travail. My hotel, La Casona, a 16th-century mansion and courtyard, even has oxygen cylinders on hand for queasy guests.

To avoid such a common fail, it's

best to visit Cusco after the Sacred Valley. I do just this, and avoid getting sick. The latter, only 20 miles away, has an elevation of around 2,700m – meaning it's a useful location for your body to adjust to heady Andean life. As Cusco has an airport, the temptation is to go there first. Ignore this: like most temptations, this one comes with an asterisk. And in this case the asterisk reads 'you'll probably be sick'.

For the non-nauseous, Cusco is compelling. I don't care for the staged tourist performances by folk dancers or sombrero-wearing

pan-pipers but I relish its noisy bars, its smiley shop owners. I sit and read in the Plaza de Armas, walk unhassled around art markets and tickle mewing cats. On Avenida El Sol, cow hearts sizzle on a street-food stall.

'Why not?' I think.
They're chewy but tasty.
Eventually, I do get to
Machu Picchu. And all the

hype is justified: the citadel is astonishing and a persuasive, picturesque retort to those prior claims of Incan inferiority.

Mind-boggling
engineering and
narrative details
are delivered by
guide Braulio, yet I keep
getting distracted by
those terraced ledges.
They're so perfectly green.
But even that CGI-like
grass is forgotten when
I encounter something
equally gobsmacking near

the town below.

On the eastern edge of
Machu Picchu, Pueblo is a
jungly reserve, again overseen by
Inkaterra. The first part is reserved
for hummingbirds, their wings
sounding a lovely thrum. Then comes
a spectacled bear sanctuary along
whose perimeter one can stroll.
Sightings aren't guaranteed, but
I luckily catch Coco – a dead ringer
for Paddington – devouring a banana
leaf just across the wire fence.

He glances up and we gaze at each other. A faint familiarity. A heartbeat or two skipped. I've never felt anything like it. So, Peru. Machu Picchu? Yes, but a whole lot more besides.



Cox & Kings has a tailor-made ten-day Inkaterra holiday to Peru, including all international and internal flights,

from £2,795 per person, coxandkings.co.uk More on Peru, see promperu.gob.be



Winging it: The Pueblo reserve is home to the thrumming hummingbird



Astonishing: The hype around Machu Picchu is justified



Paddington? No, a spectacled bear



Fertile: The Urubamba river flows through the Inca heartland



