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Travel

8 hot travel destinations to book from San Sebastián to Iceland via Peru

According to travel industry experts, September is the best time to book a holiday, staving off end of summer blues. Here Sarah Marshall recommends what's hot in the next 12 months

SARAH MARSHALL | Tuesday 8 September 2015 12:44 BST | [0 comments](#)



Machu Picchu in Peru *REX*

PERU

Inca ruins, world-class gastronomy and a colourful indigenous culture make Peru one of the most popular destinations in South America. From 4 May, travellers will be able to fly non-stop from London to Lima with **British Airways**, meaning the number of visitors is likely to explode. The country's coastal capital, sandwiched between the Andes and the Pacific Ocean, boasts some of the continent's best restaurants; try Central Restaurante where Virgilio Martinez (also responsible for London restaurants Lima and Lima Floral) has devised a tasting menu with ingredients drawn from different altitudes in Peru. Shrouded in mist, high in the jungle-clad mountains, Inca citadel Machu Picchu is undoubtedly the country's greatest asset, and can be reached by train or on along the challenging Inca trail. But the opening of high-end properties such as Inkaterra's new Hacienda Urubamba has persuaded a growing number of people to spend time and acclimatize to the altitude in the beautiful Sacred Valley.

Journey Latin America offer the Inca Heartland tour visiting Cusco, Machu Picchu and the Sacred Valley from £2,149pp, including direct BA flights (journeylatinamerica.co.uk).