

TAMBOPATA

– Traveler's Guide –

The tropical rainforest—an immense green ocean of lush vegetation, enveloping heat, and constant rain—harbors nearly two-thirds of all recorded plant and animal species on Earth, with millions more estimated yet to be discovered. This ecosystem is essential in converting carbon dioxide into oxygen and is often referred to as “the world's largest pharmacy” due to its wealth of natural medicines.

A short distance from Inkaterra Reserva Amazónica, Inkaterra Hacienda Concepción, and the Amazon Field Station by Inkaterra, the Tambopata National Reserve safeguards 274,690 hectares of one of the last easily accessible virgin rainforests. Its landscapes—rushing rivers, mirror-like lakes, and palm swamps—are home to dazzling biodiversity.

Puerto Maldonado, recognized as the “Capital of Biodiversity of Peru,” lies 650 km (404 mi) east of Cusco, at the confluence of the Tambopata and Madre de Dios rivers. While many species prefer to remain hidden from human contact, the abundance of flora and fauna astonishes at every step: more than 540 bird species—including toucans, macaws, and flycatchers—make the reserve a dream destination for birdwatchers. Nature lovers are equally captivated by its wealth of insects and arthropods, from delicate butterflies to unique beetles and spiders.

Exploring Tambopata means entering a living sanctuary where science, adventure, and conservation converge—and where each visit helps safeguard this natural treasure for generations to come.





► LANGUAGE

The official language in the region is Spanish. In the native communities of the area, especially among the Amazonian peoples, indigenous languages such as Ese'ejá, Matsigenka, and Harakbut are also spoken. It is also possible to communicate in English with tourism service providers, such as guides, lodge staff, and tour operators.

► WEATHER AND SUGGESTED PACKING

The tropical climate ranges from 25°C (77°F) to 42°C (107°F), with an average of 32°C (89°F). During the rainy season (December to March), be prepared to experience the rainforest in all its splendor. In winter (June to September), occasional cold fronts may lower the temperature to 10°C (50°F). We recommend light cotton clothing during the day and warmer layers at night for a comfortable experience at all times.

For updated information, check the weather forecast at espanol.weather.com. It is recommended to bring:

- Light, comfortable clothing for the day and warm layers for the evening.
- Walking shoes or boots
- Rain jacket or waterproof coat
- Daypack or small carry-on for excursions
- Hat or cap
- Sunglasses
- Walking stick (if needed)
- Binoculars and a water bottle
- Basic medicine or a small first-aid kit (pain relievers, adhesive bandages, cotton, alcohol)
- Sunscreen and lip balm
- Insect repellent
- Wet wipes or hand sanitizer





► ARRIVAL AND TRANSPORTATION

Puerto Maldonado is accessible by air from Cusco (**30-minute flight**) or from Lima (approximately **1 hour and 30 minutes**). Upon arrival, the Inkaterra team will greet you with a warm welcome at the airport.

After a short transfer by bus or van, you will board a motorized canoe to begin your journey along the Madre de Dios River. Depending on the lodge selected, the river trip may take between **25 and 50 minutes**.

► LUGGAGE DIMENSIONS AND WEIGHT INFORMATION

Before traveling, check your airline's baggage restrictions regarding weight and number of pieces allowed. As a general reference, many airlines operating within Peru allow up to 23 kg (50 lbs) for checked baggage and up to 10kg (22 lbs) for carry-on luggage. If your itinerary includes multiple destinations, we recommend packing light and bringing only the essentials for greater convenience.

Baggage Limits in the Amazon

If you are staying at **Inkaterra Reserva Amazónica, Inkaterra Hacienda Concepción, or Amazon Field Station by Inkaterra**, we recommend bringing only what is necessary for your stay in your carry-on luggage. Due to space and weight restrictions on the boat, each guest may bring a maximum **of 10 kg (22 lbs)**.

Should you need to store additional luggage, this service is available at our offices in Puerto Maldonado at a cost of **US\$35 per piece, up to 23 kg (50 lbs)**.

► EXPERIENCE AT YOUR OWN TIME

Enjoy moderate nature walks and boat excursions through the Natural Reserve. Excursions vary in level of difficulty, and agility is required to explore the rainforest. These activities are not suitable for guests in wheelchairs or with mobility limitations.



► HEALTH AND PREVENTION DURING YOUR TRIP

To avoid health issues during your trip, be especially cautious with food and water. It is recommended to drink only bottled or boiled water and to avoid raw, exotic, or street vendor foods. If you require medical assistance, please contact the hotel reception. Hospitals and clinics in Lima and other major cities offer adequate services and can coordinate directly with your health or travel insurance provider.

While no vaccinations are required to enter Peru, we recommend consulting your physician before traveling, especially if you plan to visit the Amazon. The U.S. Travel Advisory recommends yellow fever vaccination and preventive medication for malaria for those traveling to the rainforest. We encourage you to seek medical advice prior to your trip. No cases of malaria or yellow fever have been reported at our hotels and/or lodges.

For added peace of mind, we suggest purchasing travel insurance that covers medical emergencies, cancellations, lost luggage, or other unforeseen events.

► CURRENCY / CREDIT CARDS / EXCHANGE RATE

Peru's official currency is the Sol (S/. or PEN), divided into 100 céntimos. Banknotes in circulation are 10, 20, 50, 100, and 200 soles, and coins include 1, 2, and 5 soles, as well as 10, 20, and 50 céntimos. While the US dollar is widely accepted in hotels (usually only for smaller amounts), restaurants, and stores in major cities, it is recommended to use soles.

The most commonly accepted credit cards are Visa, MasterCard, American Express, and Diners Club. However, not all businesses accept them—especially in rural areas—so we recommend carrying cash in soles. At Inkaterra, credit card payments are accepted.

Currency exchange houses, usually located in city centers and near ATMs, tend to offer better exchange rates than banks or hotels. At the airport, there is a currency exchange office on the first floor and ATMs on the second floor. If you still have soles at the end of your trip, you may exchange them back to dollars before your international flight. For updated exchange rates, visit www.xe.com/ucc.

► COMMUNICATION / TELEPHONE / WI-FI

When making international calls from Peru, dial:

00 + country code + city code + phone number

For national calls: **0 + city code + phone number**. Most hotels in Peru offer internet access and Wi-Fi, making it easy to stay connected via WhatsApp. All our hotels in Cusco provide Wi-Fi and good mobile data coverage.

Our Amazon lodges have limited landline service and no mobile phone signal. Inkaterra Reserva Amazónica does not have internet access; at Hacienda Concepción & Amazon Field Station by Inkaterra Wi-Fi is limited. In case of emergencies, the guest services area can communicate with the city office via radio.



► ELECTRICITY / VOLTAGE

The standard voltage in Peru is 220 volts. Most 4- and 5-star hotels offer 110-volt outlets (most electronic devices are compatible with voltages ranging from 110 to 220 volts). Outlets are typically located in hotel bathrooms or near the beds, and some hotels (though not all) offer portable transformers (upon request).

If you need adapters or voltage converters, you can request them at the front desk. Below are the types of plugs you may encounter in Peru:



Plug type A



Plug type B



Plug type C

► TRAVEL SAFETY & PREVENTION

We recommend taking care of your personal belongings, just as you would in any cosmopolitan area—especially in tourist zones and markets. Learning a few basic phrases in Spanish before your trip can help you appear as a more aware and confident traveler. We suggest the following safety precautions:

- Ensure your passport is valid for at least 6 months prior to travel.
- Make copies of your passport, hotel reservations and flight tickets.
- Store your original travel documents (passport, tickets, hotel reservations, etc.) in the hotel safe and carry only photocopies.
- Get informed about unsafe areas and avoid visiting them, especially at night.
- Exchange money only at banks, currency exchange offices, or at your hotel. Avoid doing so in public or visible areas.
- While there is no direct threat to travelers, remain alert for pickpockets, particularly in crowded places such as airports, markets, and tourist attractions.

› INKATERRA ◀

RESERVA AMAZÓNICA

TAMBOPATA - PERU

Located on the banks of the Madre de Dios River, within a private ecological reserve in the heart of the Amazon Basin. Its 35 cabanas, built in the traditional Ese'Eja style, offer a perfect balance of simplicity and comfort. Each *cabaña*, softly lit by lanterns and featuring palm-thatched roofs, is furnished with comfortable beds draped in mosquito nets and rustic log-crafted furniture. Guests can also enjoy a spacious lounge area with hammocks. Every suite and *cabaña* includes fans, hot water, and limited electricity. The lodge does not offer air conditioning or internet; in case of emergency, please contact your host.





› INKATERRA ◀

HACIENDA CONCEPCIÓN
TAMBOPATA - PERU

Offering an authentic Amazonian experience, this lodge is set in a wooden hacienda built in the 1950s, surrounded by lush flora and abundant wildlife. The property features 25 cabanas, 6 rooms in the Casa Grande, and 1 suite, all decorated with recycled wood furniture and artisanal details. The high roofs, handwoven from crisneja palm leaves (*Geonoma deversa*), locally known as *Palmiche*, highlight the property's traditional character. Each cabaña and room includes fans, hot water, and limited electricity. The lodge does not offer air conditioning, and internet access is limited; in case of emergency, please contact your host.



This lodge offers guests the opportunity to actively participate in research and conservation projects focused on Amazonian flora and fauna. Interactive excursions include the Palmetum, the organic bio-garden, the Gamitana model farm, and the palm swamps (*aguajales*). Accommodations include cabanas and pavilions, as well as an Eco-Center and a laboratory where educational and scientific activities are carried out. Each *cabaña* is equipped with fans, hot water, and limited electricity. The lodge does not offer air conditioning, and internet access is limited; in case of emergency, please contact your host.





► FACILITIES & SERVICES

At our lodges, breakfast, lunch, and dinner are included, prepared with fresh, locally sourced ingredients inspired by the tropical flavors of the Peruvian Amazon. Each property features a bar, perfect for unwinding at the end of the day with a refreshing drink, surrounded by the unique atmosphere of the rainforest.

All lodges include an Eco-Center, the meeting point and starting place for guided excursions. In addition, Inkaterra Reserva Amazónica and Hacienda Concepción feature spas—ENA Spa and NUA Spa, respectively—offering relaxing treatments with natural ingredients from the region, ideal for recharging after a day of exploration in the jungle.

► SECURITY

At all three lodges, every room and cabana is equipped with a lockable drawer for storing valuables. We recommend keeping personal belongings secured inside closed luggage.

Please note that only at Inkaterra Reserva Amazónica and Amazon Field Station by Inkaterra, cabanas do not have locks on the doors, so we suggest taking additional precautions with personal items. At Inkaterra Reserva Amazónica, a safety deposit box is also available at the gift shop. All properties provide 24-hour security service.

► INFORMATIONAL MATERIAL

In addition to the information available on our website www.inkaterra.com, we have selected a few links that may be of interest:

[Official Portal of the Peru Brand](#)

[Puerto Maldonado - Wikipedia](#)

[Exploring Puerto Maldonado in the Amazon - Blog of Jordan Gassner](#)

[Article about Ecotourism in Perú - The Guardian](#)



www.inkaterra.com