

TRAIL SYSTEM

AMAZON TRAIL WALKS

Our trail system extends approximately 7.3 km (4.5360 miles) through the surrounding rainforest, allowing easy access to a variety of habitats. The trails vary in length, difficulty level and frequency of use. Generally, we recommend that you: walk slowly, carefully, stop often, look up, listen, smell, and talk softly. Small groups are always better than large ones. This way your chances of viewing wildlife are better.

A OJE TRAIL

This trail allows you to appreciate the diversity within the rainforest of palms and trees such as Oje (*Ficus insipida*), Catahua (*Hura crepitans*), Ceiba (*Ceiba pentandra*) or kapok tree. Oje Trail is 1,775 meters (1.1029 miles) long and the most accessible, easiest, and most frequently walked of our trails. It covers mainly riverside and seasonally flooded forests. The trail begins at the far side of the clearing where the cabins are located. Visitors walk this trail in the company of a resident guide. There are well-marked shortcuts.

B LUPUNA TRAIL

Lupuna Trail is 2,088 meters (1.2850 miles) long and less frequently used. It covers a greater variety of habitat, from seasonally flooded areas to a stream that forms the western border of the Reserve. The habitat in the vicinity of the stream is particularly good for bird and butterfly viewing. A highlight of this trail is a Lupunatree (*Ceiba pentandra*), roughly 200 years old. There are some permanently muddy areas along the trail, particularly between 1,000 – 1,100 meters (0.6 miles aprox), that are ideal for spotting tracks of more elusive wildlife such as the Red Brocket Deer (*Mazama americana*) and Collared Peccary (*Tayassu tajacu*). On this trail you might see some other species of animals such as the Sachavaca (a large tapir) and trees such as the Capirona (*Calycophy spruceanum*), Ceiba (*Ceiba pentandra*) or kapok tree and the Shihuahuaco (*Dipteryx micrantha*) or "Iron" tree.

© TRAIL C

The trail C is a one way trail of 1567m long (0.9106 miles). Goes from our ancient Lupuna "Kapoc" tree (*Ceiba pentandra*) all the way to the the lodge. This trail starts near the B trail and goes through palms and bot ferns, both of them indispensable for local people. Despite the natural enchantment of this trail; carrying capacities criteria encourages us use this path to buffer the impact to our other trails.

D TRAIL D

The D trail is a wetland trail. Its 1410 mts (0.8761 miles) runs along the "Aguajal" wetland. This flooded palm forest is considered a "high biodiversity" wetland. Seasonal changes in the habitat due to floodings results in high concentrations of flora and fauna.

This trail is visited after the canopy walk, enabling one to feel the mega diversity of the tropical rain forest. At the end of the trail we can find trees such as rubber (*Hevea guianensis*) and Cacao (*Herrarnia breviligulata*).

F AGUAJE PALM TRAIL

Aguaje palm Trail is a long trail (more than 850 meters – 0.5281 miles long) used to reach the rare, flooded palm forest dominated by majestic Aguaje palms (*Mauritia flexuosa*). It is accessed from Oje Trail at A-750. For many months, starting at the beginning of the green season (November), the palms are laden with fruit, which in turn attract many species of mammals, including deer, tapir (*Tapirus terrestris*), peccaries and monkeys, as well as birds.

G SWAMPS TRAIL

Swamps trail is a 1,141 meters long (0.7090 miles) addition to the Lupuna Trail, beginning at B-975. This trail offers views of different Amazon Rainforest habitats. It winds through the forest before connecting with, and then following, the Oje Trail. Swamps is a relatively short, non-loop, trail that is an option for visitors planning a longer stay at the lodge and wanting to enjoy the biodiversity.



-  < WETLANDS
-  < WALK AND TRAILS
-  < CLAY LICK
-  < RIVER PORT
-  < ORCHIDS
-  < HAMMOCKS

EXCURSIONS

■ RAINFOREST GARDEN

Walk along the lodge trails to the Inkaterra Reserva Amazonica Rainforest Garden just around the cabanas. This interesting native garden was started by the locals more than ten years ago showcasing native plants, trees and orchids. Learn to identify orchids, its flower parts, pollinators and different habitats. Know the fascinating history and legends, the practical and beneficial use of indigenous plants, as well as other remarkable rainforest flora. An in-depth explanation familiarizes you with the process, traditional use and highly interesting benefits of the plants and trees used for construction including those that were used for building the lodge, some of its fixtures, as well as native clothing accessories.

DURATION 1¼ Day - DIFFICULTY LEVEL I

SCHEDULES Morning and Afternoon - **FREQUENCY** Daily

ATTRACTIONS Birds / Medicinal plants / Photos & Native Food
RECOMMENDED FOR CHILDREN

■ WETLANDS

Visit the remarkable wetlands system in the 200-meter boardwalk over the Aguajales rainforest swamps. The wooden footbridge is elevated 1 meter from the ground to allow space when the water rises during the rainy months. See the transition of the forest eco system from dry to marshlands, and observe the various species of amphibians, reptiles, serpents, birds and mammals. Get to know the lush flora and trees, how they adapt to the wetland ecosystem, their benefits and uses. The excursion finishes by returning to the lodge.

DURATION 1½ Day - **DIFFICULTY LEVEL** | **SCHEDULES**

Morning and Afternoon - **FREQUENCY** Daily

ATTRACTIONS Birds / Frogs / Ants & Photos

■ TWILIGHT RIVER

On this guided afternoon boat ride, you will witness the enchanting transformation from a diurnal to a nocturnal environment, as animals and birds of the daytime are replaced by species specially adapted to the night. As you enjoy their paradise, you will learn about their habits while searching for nightjars, owls, capybaras and caimans. In addition, on a clear night the southern hemisphere stars can be appreciated.

DURATION 1/4 Day - **DIFFICULTY LEVEL** I - **SCHEDULE**

Afternoon - **FREQUENCY** Daily

ATTRACTIONS Photos & Astronomy

RECOMMENDED FOR CHILDREN

■ RAINFOREST BY NIGHT

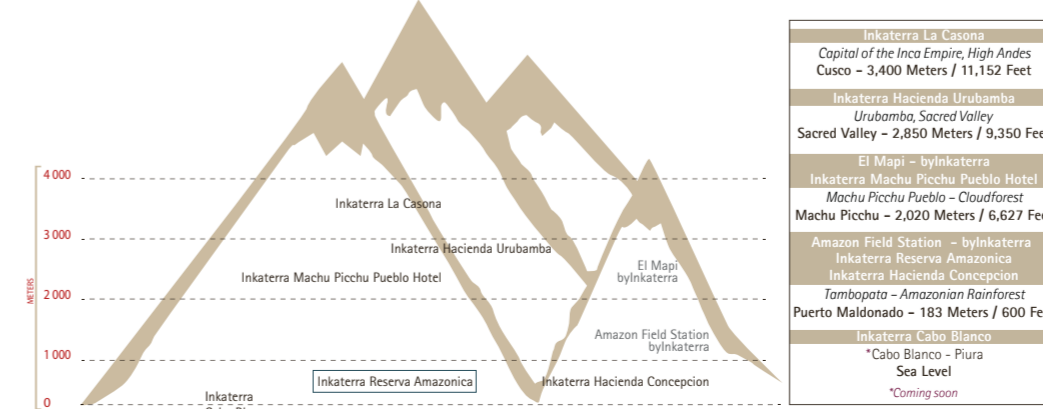
Walk through the Inkaterra Ecological Reserve at night for an approximately 2-hour excursion. Biological activity differs greatly between night and day in the Amazonian ecosystem. Venture into the forest and experience the mystery of the animal activity that awakens in the rainforest after dark, enhancing animal resources to create new adaptation mechanisms. Listen to nocturnal forest sounds and spot species that only emerge at night.

DURATION 1/4 Day - **DIFFICULTY LEVEL** I - **SCHEDULE**

Afternoon - **FREQUENCY** Daily

ATTRACTIONS Footprints / Astronomy / Frogs & Birds

INKATERRA ALTITUDE INDEX



EXCURSIONS

■ HACIENDA CONCEPCION

A 35-minute ride upriver takes you to Hacienda Concepcion, home to a remarkable Botanical Garden with over 200 different species of rainforest plants. An in-depth explanation familiarizes you with the processing, uses and benefits of these traditional indigenous plants, including fascinating native medicinal uses. Next, take a 30-minute canoe trip on a small lake and watch for wildlife – turtles, giant river otters, sun grebes, nightjars and herons. The activity ends at Concepcion Educational Research Facility where exhibits, designed by the National Geographic Society, tell the story of the remarkable Madre de Dios region.

DURATION ½ Day - **DIFFICULTY LEVEL** II - **SCHEDULE** Morning and Afternoon

FREQUENCY Daily - **ATTRACTIONS** Footprints / Birds / Native skills / Medicinal plants / Ants / Canoe & Native food

RECOMMENDED FOR CHILDREN

■ GAMITANA CREEK

Enjoy a long walk to reach the adventures of Gamitana creek. The sights, scents and sounds of the jungle will surround you as you walk for one and a half hour, rambling through the rainforest along the banks of this winding, dark-water creek that is home to piranha, caimans, turtles and an abundance of brightly colored birds, towards the “Sanipanga” landing point. When you reach the embarkation point, board a canoe and navigate 1- hour ride down stream to the Gamitana Model Farm, appreciating the rich plant and animal life along the way. Enjoy a short guided tour to learn about an Amazon model farm.

DURATION ½ Day - **DIFFICULTY LEVEL** II - **SCHEDULE** Morning and Afternoon

FREQUENCY Daily - **ATTRACTIONS** Birds / Canoe / Native Skills / Native Food & Fishing

■ TAMBOPATA

Following a short motorboat ride from the lodge, this activity begins with a walk to Lake Sandoval. Be on the lookout for hoatzins, herons and ospreys as you glide across this mirror-like oxbow lake in a wooden canoe. Your excursion continues with a hike through the reserve to Concepcion. The surrounding vegetation will be roused on this trip, with possible sightings of paiche and black caimans; red howler, brown capuchin and squirrel monkeys; and the extremely rare and critically endangered giant river otter. A picnic lunch at HaciendaConcepcion is followed by a guided visit to a botanical garden containing more than 200 medicinal plants and the possibility to practice with the native arch and arrows.

DURATION 1 Day - **DIFFICULTY LEVEL** III - **SCHEDULE** Morning - **FREQUENCY** Daily

ATTRACTIONS Footprints / Birds / Native Skills / Photos / Medicinal plants / Ants / Canoe & Native food

■ INKATERRA CANOPY WALKWAY

Take a 15-minute walk along the trail towards the Inkaterra Canopy Interpretation Center. A short briefing will be given about the project history, structure and the highlights in this unforgettable adventure at the Canopy Walkway. You will ascend the first tower and walk through the treetops of the giant Amazon Basin, across hanging bridges. Views unimaginable from below and possible only from the air, are revealed on this network of towers, bridges and platforms. Be on the lookout for different birds of the jungle, such as toucans, woodpeckers, trogons, among many others, or try to identify them through their songs, from the observation decks. Learn about the interrelationship of the flora and fauna at the various levels of the forest and its integration into the jungle ecosystem.

DURATION ½ Day - **DIFFICULTY LEVEL** II

SCHEDULES Morning and Afternoon - **FREQUENCY** Daily

ATTRACTIONS Birds / Ants / Photos / Astronomy

RECOMMENDED FOR CHILDREN

■ INKATERRA CANOPY WALKWAY & ANACONDA WALK:

Embark on a 10-minute motorized canoe ride to the Inkaterra Canopy Walkway Interpretation Center. Ascend a 95-foot tower and explore the treetops for 1.5 hours on suspension bridges connecting eight observation platforms. After descending, enjoy the 30-minute Anaconda Walk along a wooden bridge through a wetland ecosystem, spotting amphibians, birds, mammals, and diverse flora in this seasonal marshland.

DURATION ½ day - **DIFICULTY LEVEL** II - **FREQUENCY** Daily

ATTRACTION Birds / Photography / Astronomy / Frogs / Ants

RECOMMENDED FOR CHILDREN



ATTRACTIONS



< NATIVE COMMUNITY



< PHOTO



< CANOE



< NATIVE SKILLS



< NATIVE FOOD



< ANTS



< FOOTPRINTS



< BUTTERFLIES



< FISHING



< MEDICINAL PLANTS



< BIRDS



< ASTRONOMY



< FROGS

■ LAKE SANDOVAL

A 30-minute boat ride takes you to the Tambopata National Reserve, where wildlife surrounds you as you enjoy the one and a half hour walk along three kilometers of trails to reach Lake Sandoval. Glide in a wooden canoe, across a beautiful, mirror-like oxbow lake that is home to the endangered giant river otter, as well as red howler monkeys, macaws, prehistoric hoatzins, (also called "shanshos") anacondas, point-tailed palm creepers and side-neck turtles. You will spend two hours on the lake looking at all it has to offer.

DURATION ½ Day - **DIFFICULTY LEVEL** II - **SCHEDULE** Morning and Afternoon

FREQUENCY Daily - **ATTRACTIONS** Birds / Photos / Ants & Canoe

RECOMMENDED FOR CHILDREN (Except during months of rain, between December & March).

■ LAKE VALENCIA (Available from November to June only – Additional cost)

This one-day experience in the rainforest begins with a three-hour boat ride downriver to the scintillating Valencia oxbow lake. Fishing in the lake is perfectly complemented by sightings of varied wildlife and birds, including ospreys, herons, huge flocks of flying macaws and the king vulture. For lunch savor the fish you caught in the lake served along side other local food. Walk 1-hour in the primary forest and Brazilian Nut fields on your way out into the Madre de Dios River.

DURATION 1 Day - **DIFFICULTY LEVEL** III - **SCHEDULE** Morning - **FREQUENCY** Upon request

ATTRACTIONS Footprints / Birds / Native skills / Fishing / Photos / Astronomy / Canoe & Native food

RECOMMENDED FOR CHILDREN

■ ORNITHOLOGY (Additional cost)

Bird watching experience in the rainforest. Travel by boat or walk through the forest accompanied by an Inkaterra experienced guide searching for your preferred bird species. Return to the lodge by sunset. (The interpretation level will vary according to preferences).

DURATION 1 Day - **DIFFICULTY LEVEL** II - **SCHEDULE** Mornings - **FREQUENCY** Upon request

ATTRACTIONS Birds / Canoe & Photo

■ CANOPY AT NIGHT (Additional cost):

Enjoy a 10-minute boat ride to the Inkaterra Canopy Walkway Interpretation Center, followed by a nighttime walk along the treetop bridges to observe and interpret nocturnal rainforest activity and seasonal constellations. Continue with a 15-minute walk to the aguajales to explore the unique flora, fauna, camouflage, and nocturnal hunting adaptations of local wildlife. Return to the lodge via a forest trail.

DURATION ½ day - **DIFFICULTY LEVEL** II - **SCHEDULE** Afternoon - **FREQUENCY** Daily

ATTRACTIONS Birds / Frogs / Ants / Astronomy / Photography