

## TRAIL SYSTEM

### A SHIMBILLO TRAIL

This trail has length of approximately 1,800 metres (5,905 feet)long, going through the bamboo patches, locally known as "paca",(*Guadua spp.*); the growing areas of "cashaponas" or walking palm trees (*Socratea exorrhiza*); as well as "shimbillo trees" (*Inga sp.*) The trail ends on a creek forming a small beach suitable for swimming, due to the shape of the channel. During the excursion visitors may observe the remains of the former research center at Hacienda Concepcion, such as cacao silos and machinery remnants from the farm. This is an excellent option for night excursions, since visitors may visit various hidden clay licks, as well as bird species and unique amphibians of this ecosystem.

### B LAKE TRAIL

The Lake Trailhas length of approximately 2,000 metres (6,561 feet) long, connecting the grounds of Inkaterra Hacienda Concepcion and Tambopata National Reserve to the famous Lake Sandoval. Along this track visitors may spot many leaf cutter ant nests (*Atta cephalotes*), as well as various birds and mammals such as monkeys and "peccaries". The chance of observing wildlife increases due to the proximity with the Tambopata National Reserve. During the rainy season you can also find mud puddles for big mammals such as peccaries and tapirs.

### C BREAD FRUIT TREE TRAIL

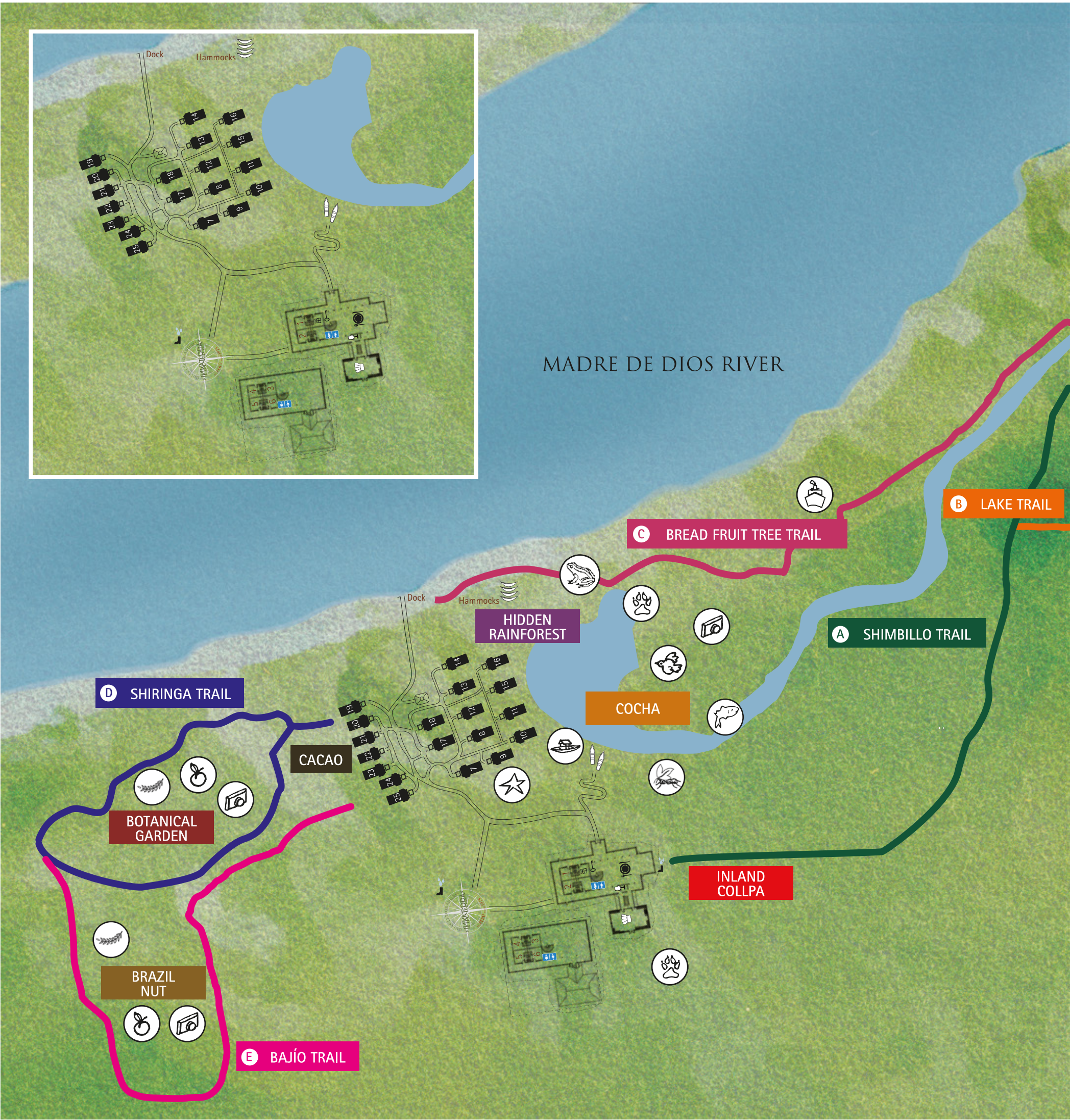
The Bread Fruit Trail has length of approximately 1,100 metres (3281 feet) long, parallel to the Madre de Dios river. "Bread Fruit Tree" (*Artocarpus altilis*) is a native species of the southern pacific islands, introduced in South America during the XVIII century. Visitors may observe orange trees and most of the 24 cacao species grown in the area, as well as a palm tree that grows an aromatic fruit called *Sangapilla*; with a subtle smell used as the hotel's aroma. The journey on this trail reaches a permanent body of water called "cocha" (oxbow lake), where it is possible to find the remains of "Fitzcarrald", a small steamboat which sailed the Madre de Dios river until approximately 1940, serving a as medical center helping local communities.

### D SHIRINGA TRAIL

The Shiringa trail has a length of approximately 900 metres (2,953 feet) long. Its path runs parallel to the Madre de Dios river but in opposite direction to the Bread Fruit Tree Trail. During the journey visitors may observe "ubos" trees (*Spondias bombin*), abundant on secondary forests and characterized for its strong sweet smell, white flowers and reddish-yellow edible fruits; Ficus (*Ficus insipida*), a tree used and respected by shamans, is considered a sacred plant; among others. During the "rubber boom", at the beginning of the 19th century, rubber trees were chopped down without any control looking for the precious latex. Nowadays, due to conservation efforts, reforestation and sustainable management, the number of "shiringas" is being recovered.

### E BAJÍO TRAIL

Bajío Trail has a length of approximately 2,000 metres (6561 feet) long, one of the longest trails within the hotel grounds. During the journey visitors may find a great diversity of amphibians in the "bajíos" (low level areas forming small ponds during the rainy season) The trail goes through a recovering forest; a condition that makes it easier to spot birds, mammals, insects, among others. This trail was implemented to control the capacity of the trail system.



- < PHOTO
- < FOOTPRINTS
- < ANTS
- < FISHING
- < CANOE
- < BIRDS
- < MEDICINAL PLANTS
- < ASTRONOMY
- < NATIVE SKILLS
- < NATIVE FOOD
- < FROGS
- < FITZCARRALDO

### ■ BOTANICAL GARDEN

Walk to our botanical garden within the hotel grounds and discover the immense variety of medicinal plants that can be found in the Amazon region. Compare the medicinal uses of local plants with traditional remedies.

**DURATION** ¼ Day - **DIFFICULTY LEVEL** I

**ATTRACTIONS** Medicinal Plants / Native Food / Photography

**RECOMMENDED FOR CHILDREN**

### ■ CONCEPCION TRAILS

Take a walk inside Inkaterra Hacienda Concepción nature trails. Learn about primary and secondary rainforest, its components, uses and transformations by the humans, and its relevance for the world. See the cacao plantation, bread fruit trees, rubber trees, etc.

**DURATION** ¼ Day - **DIFFICULTY LEVEL** I

**ATTRACTIONS** Footprints / Birds / Ants / Medicinal plants / Native skills

**RECOMMENDED FOR CHILDREN**

### ■ CACAO

Visit the cacao plantation at Inkaterra Hacienda Concepción and take part of the chocolate making process. Learn how to select the fresh cacao fruits and discover how the seeds are fermented and sundried. After peeling the toasted cacao seeds and grinding them into an aromatic paste, end the excursion with a selection of treats made from our organic chocolate.

**DURATION** ½ Day - **DIFFICULTY LEVEL** I

**ATTRACTIONS** Medicinal Plants / Native Food / Native Skills

**RECOMMENDED FOR CHILDREN**

### ■ BRAZIL NUT

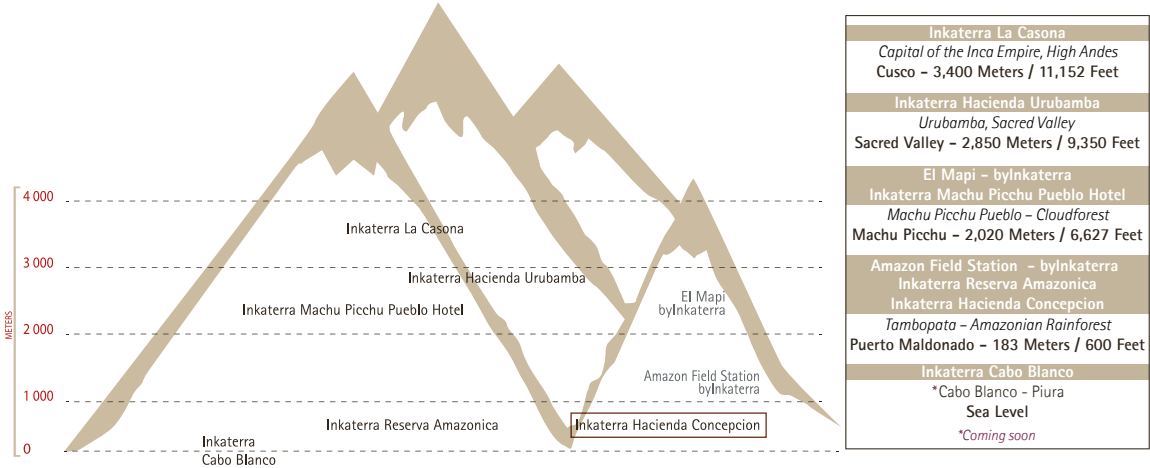
Take a walk within the hotel grounds to a small hut where our explorer guides will teach you about the importance of the Brazil nut Tree in the local economy of Madre de Dios. Learn how the Brazil nut is collected using traditional tools and techniques, and try to open one of them using a machete and a nut cracker, to finally enjoy a fresh Brazil nut.

**DURATION:** ½ Day - **DIFFICULTY LEVEL** II

**ATTRACTIONS** Medicinal Plants / Native Food / Photography

**RECOMMENDED FOR CHILDREN**

## INKATERRA ALTITUDE INDEX





# INKATERRA

## HACIENDA CONCEPCIÓN

TAMBOPATA - PERU

## EXCURSIONS

### ■ TWILIGHT RIVER

At dusk, take a ride by outboard motorized canoe on the Madre de Dios River. Learn about the river ecosystems, Amazonian creeks, nocturnal animals' behavior, and the southern constellations.

**DURATION** ¼ Day - **DIFFICULTY LEVEL** I

**ATTRACTIONS** Photography / Astronomy

**RECOMMENDED FOR CHILDREN**

### ■ RAINFOREST BY NIGHT

Explore the Amazon rainforest at night and encounter nocturnal animals with intriguing behavior patterns and enhanced senses. Observe the nocturnal sounds of the rainforest, and get a first-hand look inside this hidden world.

**DURATION** ¼ Day - **DIFFICULTY LEVEL** I

**ATTRACTION** Footprints / Birds / Frogs / Astronomy

**RECOMMENDED FOR CHILDREN**

### ■ INLAND COLLPA

Walk 15 to 20 min. toward one of the four clay licks at Hacienda Concepcion and observe the wildlife inside the “blinds” strategically located and especially designed to observe the normal routine of the fauna without disrupting the environment. Learn about this mammal inland collpa activity and the difference between collpas according to their location. Look for footprints and traces of animal activity on the clay lick salted walls, such as agoutis, monkeys, and peccaries among others.

**DURATION** ¼ Day - **DIFFICULTY LEVEL** II - **ATTRACTIONS** Footprints

### ■ LAKE SANDOVAL

Walk into the Tambopata National Reserve through terra firma forest, towards Lake Sandoval. Then navigate by dugout canoe around this beautiful oxbow lake. Learn about the reserves conservation efforts, the lake formation, the water palms (*Mauritia flexuosa*) and the animals that inhabit this lake such as the endangered giant river otters (*Pteronura brasiliensis*), blue and yellow macaws (*Ara ararauna*), red howler monkeys (*Alouatta seniculus*), black caimans (*Melanosuchus niger*), and one of the world's biggest fresh water scaled fish, paiches (*Arapaima gigas*). (Limited access during months of rain).

**DURATION** ½ Day - **DIFFICULTY LEVEL** II - **ATTRACTIONS** Birds / Ants / Canoe / Photography

**RECOMMENDED FOR CHILDREN** - (Except during months of rain)

### ■ COCHA

Take a dugout canoe ride on the Inkatererra Hacienda Concepción oxbow lake. Fish native style using the “catch and release” technique as you enjoy the scenery, observing hoatzins (*Opisthocomus hoazin*), a diversity of fly catchers, and gray-necked woodrails (*Aramides cajaneae*). Disembark at the remains of the renowned Fitzcarrald steam boat. Learn about its history and how it inspired Inkatererra to ask Werner Herzog to film the award-winning “Fitzcarraldo” (Best Director at Cannes, 1982).

**DURATION** ½ Day - **DIFFICULTY LEVEL** II - **ATTRACTIONS** Birds / Fishing / Ants / Canoe / Photography

**RECOMMENDED FOR CHILDREN**

### ■ INKATERRA CANOPY WALKWAY

Take a 20-minute ride by outboard motorized canoe to the Inkatererra Canopy Walkway Interpretation Center. Learn about its construction and the conservation projects of ITA-Inkatererra Asociación (NGO). Ascend one of the 98-foot towers (30 m.) and cross the 7 hanging bridges that connect the treetops at 91 ft. high (28 m.)

**DURATION** ½ Day - **DIFFICULTY LEVEL** II - **ATTRACTIONS** Birds / Frogs / Ants / Astronomy / Photography

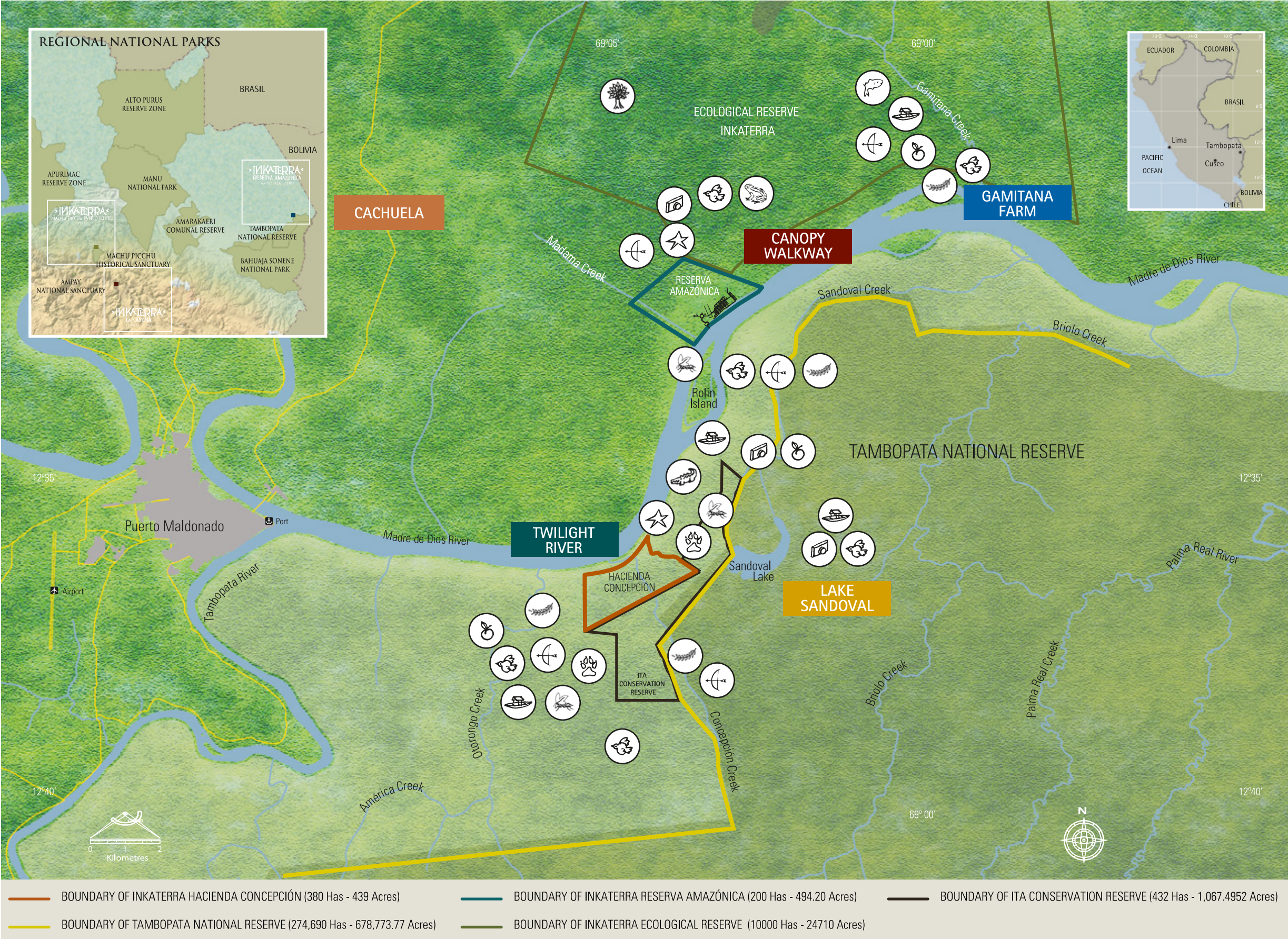
**RECOMMENDED FOR CHILDREN**

### ■ LAKE VALENCIA (Available from November to June only – Additional cost)

This one-day experience in the jungle begins with a two-hour boat ride downriver to the scintillating Valencia oxbow lake. Fishing in the lake is perfectly complemented by sightings of varied wildlife and birds, including ospreys, herons, huge flocks of flying macaws and the king vulture. For lunch savor the fish you caught in the lake, served alongside other local food. Walk 1-hour in the primary forest and Brazilian Nut fields on your way around the rainforest. Return to the lodge by boat.

**DURATION** 1 Day - **DIFFICULTY LEVEL** III - **ATTRACTIONS** Footprints / Birds / Native skills / Fishing / Photography / Astronomy / Canoe / Native food

**RECOMMENDED FOR CHILDREN** - (Except during months of rain)



## ATTRACTIONS



< PHOTO



< CANOE



< FISHING



< NATIVE SKILLS



< NATIVE FOOD



< FOOTPRINTS



< BUTTERFLIES



< MEDICINAL PLANTS



< BIRDS



< ASTRONOMY



< ANTS

### ■ CACHUELA

Short trip by boat upstream the Madre de Dios River. Arrival to the Cachuela clay lick. Learn about the importance and benefits of clay licking activity while observing colourful parrots and parakeets among other exotic birds.

**DURATION** ¼ Day - **DIFFICULTY LEVEL** I - **ATTRACTIONS** Birds / Photography

### ■ GAMITANA FARM

Navigate towards Gamitana Creek and walk through the Model Farm. Learn about the community projects of ITA-Inkatererra Asociación (NGO) and the importance of farm work in *Madre de Dios*, one of the primary economic activities. Taste seasonal fruits and crops, either on site or later on with your meals.

**DURATION** ¼ Day - **DIFFICULTY LEVEL** I - **ATTRACTIONS** Birds / Fishing / Native skills / Native Food / Canoe

### ■ BIRDLIFE – ADDITIONAL EXCURSION (AT EXTRA CHARGE)

After a 102-hour boat ride down the Madre de Dios River, visit the famous Cachuela clay lick. Enjoy birding while having breakfast on board. Interpretation of bird diversity and clay-lick activity are explained by local Inkatererra Explorer Guides. Return to lodge by boat.

**DURATION** ½ Day - **DIFFICULTY LEVEL** I - **ATTRACTIONS** Birds / Photography

### ■ BRAZIL NUT CABIN

Tour of the Brazil nut Cabin. Learn about the history, socio-economic importance and uses of the Brazil nut. Through a demonstration, learn about the techniques of extracting and collecting the nut in the wild. Return to the lodge.

**DURATION** ¼ day - **DIFFICULTY LEVEL** I - **ATTRACTIONS** Medicinal Plants / Native Food

**RECOMMENDED FOR CHILDREN**