

# SUGGESTED ITINERARY 5 DAYS / 4 NIGHTS

ONE OF FEW EASILY ACCESSIBLE VIRGIN TROPICAL RAINFOREST IN THE WORLD, TAMBOPATA NATIONAL RESERVE IS SITUATED IN PERU'S SOUTH-EAST AMAZON BASIN. HARBOURING INTERESTING NUMBERS OF ANIMAL SPECIES AND A GREAT VARIETY OF PLANT LIFE, THE BIODIVERSITY OF THIS STRETCH OF RAINFOREST IS STAGGERING. THIS CAREFULLY CURATED FIVE-DAY AMAZON ADVENTURE OFFERS A UNIQUE OPPORTUNITY TO EXPLORE THIS FASCINATING ENVIRONMENT IN DEPTH, BASED AT JUNGLE LODGE INKATERRA RESERVA AMAZONICA.

## **ITINERARY IN BRIEF**

**DAY 1** - Arrive into Puerto Maldonado Airport. Enjoy a 45-minute boat ride to Inkaterra Reserva Amazonica jungle lodge. Delve into the depths of the rainforest with a Trail System walk and take a gentle Twilight River cruise before dinner.

DAY 2 - Glide in a wooden canoe across glassy Lake Sandoval. Appreciate the vastness of the Amazon by scaling the Inkaterra Canopy Walkway and follow the Anaconda Walk over mysterious wetlands.

DAY 3 - Discover exotic fruits on Gamitana Farm and paddle along Gamitana Creek. Learn about the myriad of uses for the Amazon's flora at Hacienda Concepcion.

**DAY 4** - Discover many of the rainforest's tropical plants upclose at our organic bio-orchard followed by a visit to Palmetum, where you will see a collection of Amazonian palms. Walk through the Anaconda Walk over mysterious wetlands and in the evening, observe secret jungle activity following the Rainforest by Night trail under the cover of darkness.

DAY 5 - Set off by boat from your riverside lodge until you arrive at the airport in Puerto Maldonado to take your departure flight.



## **ITINERARY DAY BY DAY**

#### DAY 1

Arrive into Puerto Maldonado, coined the Capital of Biodiversity. Transfer by road to the pier and begin your Amazon adventure with a 45-minute boat ride along the Madre de Dios river that splices through the rainforest. The motorized wooden boat hugs the meandering riverbanks to reach your eco-lodge, Inkaterra Reserva Amazonica, in the middle of the rainforest.

After a short breafing, settle into your palm-thatched *cabaña* set within Peru's first ever private ecological reserve; established by Inkaterra in 1975, to protect this sensitive environment. After lunch, retreat to your rustic-luxury cabin for a nap or a swing in your hammock before choosing from the wide range à-la-carte guided excursions with your expert Inkaterra Explorer Guide. We recommend walking along the Trail System for an immersive introduction into the intricate biodiversity of the Amazon basin and the layers of the rainforest. Walk along towering trees, like the Shihuahuaco, as your ears tune in to the croaks, rustles and calls of the exotic wildlife inhabiting this rich ecosystem. There are excellent opportunities for birding and observing an abundance of flora. Keep your camera ready just in case sloths or monkeys appear on the treetops.

In the late afternoon, we highly recommend taking our gentle Twilight River excursion to witness the jungle transform from a diurnal to a nocturnal world: where daytime animals and birds give way to species specially adapted to the darkness of the night. You may also be able to spot the likes of nightjars, owls, capybaras and caimans lurking on the riverbanks.

Amazonian-inspired dinner is served in the main dining room from 19:00-22:00 where we invite you to enjoy a complimentary Pisco Cocktail. Back in your comfy *cabaña*, listen to the intriguing sounds of critters that inhabit the rainforest surrounding the lodge.



## DAY 2

The sunlight squeezes through the dense trees as jungle inhabitants awake from their slumber. Optionally join them in the early hours, with buffet breakfast served from 05:00. Visit Lake Sandoval this morning, a glassy, ox-bow lake located inside the protected Tambopata National Reserve, reached via a sun-dappled rainforest trail. Board a dug-out wooden canoe to quietly paddle through a stream and glide onto Lake Sandoval, flanked by picture-perfect palms. This serene lake is home to many species of birds, the endangered giant river otter, red howler monkeys, red-bellied macaws, anacondas, side-neck turtles, black caimans amongst others. Return to Inkaterra Reserva Amazonica in time for lunch.

In the afternoon, we recommend climbing the exhilarating Inkaterra Canopy Walkway. The Canopy Walkway is a sophisticated and safe network, distributed over ecologically constructed hanging suspension bridges, strung between eight treetop observation platforms above the forest floor. This is an unforgettable opportunity to observe the rainforest from the rooftop and gain a sense of its size. Ascend the first vertiginous tower 42 meters (138 feet) above ground, keeping an eye out for bright toucans, woodpeckers, trogons, monkeys and the three-toed sloth. It's possible to extend your elevated stay with sunset drinks from atop a tower, - or spend a once-in-a-lifetime night in a specially designed treehouse cabin with surprising comforts (additional cost applies)

Back at the lodge, you can opt to enjoy a daily nature presentation in the Ecocenter or book yourself an indulgent spa treatment. À-la-carte dinner is served from 19:00.

## DAY 3

Journey 25-minutes by boat to Gamitana Farm and Creek to unearth more of the wonders of the rainforest. The Amazon is an almost endless source of exotic fruits and vegetables, many with healing properties that support local communities living in the remote jungle. At Gamitana model farm, engulfed by the sounds and scents of the Amazon, you will get to see how a variety of produce is grown by local farmers and sample some seasonal forest fruits. Afterwards follow a dense jungle trail under the canopy to reach Gamitana Creek. This winding, dark water creek is home to abundant flora and fauna, with many piranhas, caiman, turtles and birds hiding in its murky waters and riverbanks. Return to Inkaterra Reserva Amazonica for lunch.

Head 35-minutes upriver to Inkaterra's sister lodge Hacienda Concepcion, built on an old cocoa and rubber plantation. This site formerly functioned as a medical centre, set up by Catholic missionaries in the 1950s, as well as a centre for ecological research. With over 200 different plant species found here, see why the rainforest is often considered the world's largest pharmacy and learn about their uses and benefits up-close. Afterwards, enjoy a relaxing 30-minute canoe trip to look for turtles, sun grebes, nightjars and herons before returning to your lodge.

#### DAY 4

After breakfast in the lodge, discover the rainforest's tropical plants and their intriguing medicinal uses by local communities by visiting our organic bio-orchard. Later, continue to our 30-hectare Palmetum; a collection of Amazonian palms in a plot reserved for rainforest restoration and conservation.

After lunch, enjoy a 30-minute Anaconda Walk that follows a 200-meter (656 feet) raised wooden platform over a flooded aguajales swamp. In this lush ecosystem you may observe various species of amphibians, birds, mammals, abundant flora and interesting trees.

Under the cover of darkness, venture out the Rainforest by Night excursion through our Ecological Reserve. Armed with flashlights, duck under tree boughs as your senses heighten to the movements in the undergrowth and nocturnal forest sounds that appear in different directions around you. With your Inkaterra Explorer Guide, encounter animal activity and spot species that only emerge with the veil of nightfall.

#### DAY 5

With a staggering roster of wildlife found in and around Inkaterra Reserva Amazonica -540 bird species have been inventoried in the grounds of the lodge- enjoy your last morning in this natural wonderland as parakeets chatter away in the trees and agouti mammals scurry between the *cabañas*.

Check-out is at 10:00; depending on your departure flight time lunch can also be arranged today (additonal cost applies). Embark your ready-waiting boat for the 45-minute return trip along the snaking Madre de Dios River until arriving at the airport.

Please note that this five-day journey is a suggested itinerary. Activities and excursions can be chosen on an à-la-carte basis on arrival at the lodge and are subject to change depending on weather conditions at the time of your visit, until arriving at the airport.