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Traveling The World, One Coffee At A Time

World's Best Eco-Friendly Spas: Where To Feel Good While Feeling Good (PHOTOS)

AFP | By Relaxnews

Posted: 03/30/2014 10:07 am EDT | Updated: 03/30/2014 10:59 am EDT

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(Relaxnews) - Who doesn't enjoy getting all kinds of pampered? Spas are wonderful, and generally even better when of the eco-friendly variety. Let's look at a few of the world's best eco-friendly spas and what makes them special.

Tabacon Grand Spa, Costa Rica

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Tabacon Grand Spa Facebook

Nestled at the foot of the Arenal Volcano in a stunning rainforest setting, the Tabacon Grand Spa features a natural thermal river that makes its way through the grounds, forming beautiful waterfalls and 12 hot springs heated by -- that's right -- the volcano! Enjoy assorted hydrotherapies, including those in open-air bungalows that feature private Jacuzzis. Guided yoga sessions, nutritionist advice and ancient-style sweat lodges are also available.

Unu Spa, Inkaterra, Peru



Unu Spa Facebook

The Unu Spa at the Inkaterra Machu Picchu Pueblo Hotel in Peru uses products made with 100% local plant extracts, including mint, eucalyptus, mountain lemon and orchid. Treatments are performed in stone-heated eucalyptus huts, which happen to be located next to a natural spring. Foot therapy, hot stone massage and reiki are merely some of the services performed, with others including "Inka Purification," a lymphatic drainage and body wrap treatment.

Karkloof Safari Spa, South Africa

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Karkloof Safari Spa Facebook

Interested in going on a "spa-fari"? The Karkloof Spa in KwaZulu Natal, South Africa is situated within a game reserve featuring some of the continent's famed wildlife, including leopards, black and white rhinos, hippos, 300 bird species and more. With one of the largest spas in Africa, the five-star property offers stunning views of the Albert Falls Dam and assorted picturesque cliffs from the 16 villas. The spa tailors each guest experience. Treatments include a variety of facials, such as the Melon and Honey Facial and the Green Tea Detoxifying Facial, as well as body treatments, such as the Maldivian Black Pepper Scrub.

Rogner Bad Blumau Spa, Austria



Rogner Bad Blumau Spa Facebook

This spa is found at an incredible site! The hotel and spa designed by Austrian artist Friedensreich Hundertwasser is celebrated as the world's largest liveable work of art. Located near the quaint village of Bad Blumau, this spa is known for its "brass bowl massages" where therapists place brass bowls on the body and hit them to create "deep, relaxing vibrations." It also offers highly-mineralized outdoor baths.

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Filed by Brian Trinh |

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