



\$49
INTRODUCTORY 1-HOUR
MASSAGE SESSION*
*See clinic for details.



Sign up for our Email Newsletter

 GO

Privacy by ☒ SafeSubscribeSM

Features

- A Letter From the Editor
- Around Wellington in Pictures
- AW Stories of the Month
- Contest
- News & Events
- Videos

Columns

- As I Was Saying
- Ask the Docs
- Banzai Wellness
- Cantankerously Yours
- Cultural Corner
- Dog Walkin' Wellington
- Florida Foodie
- Health & Fitness
- Kids' Corner
- Living Green
- Mommy Moments
- Poem of the Month
- Teen Talk
- Travel with Terri
- Yummy Treats

Business Index

- AW Spotlight
- Advertisers
- Advertising FAQs
- Non-Profit Directory
- Testimonials

AroundWellington.com on Facebook

Sponsored Links:

Comprehensive Information, Resources & Support Community for Family Caregivers

HelpingYouCare.com™
Helping You Care For Aging Parents & Senior Loved Ones

Tomer Haik, DDS, PA
561-333-8444

Superior Dental Care for your Child

Massage Envy S.P.A.

Now Offering Facials!
Ask about our Murad Facial Session

Wellington (561) 692-7777
Royal Palm (561) 422-8889

Risë V. Siegrist
561-889-6873
Sean P. Siegrist
561-568-3284
Realtors®

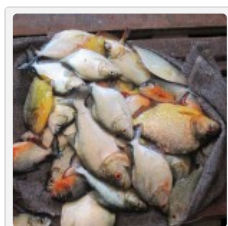
The Bull McCabe's

Travel with Terri

The Peruvian Amazon: City girls gone wild

Story and Photos by Terri Marshall

How's your summer going? Doing a little boating, swimming and fishing? Me too. Only I've kicked it up a notch. Recently I escaped to Peru with five girlfriends. We abandoned the New York City concrete jungle for the real jungle – the Amazon in Peru.



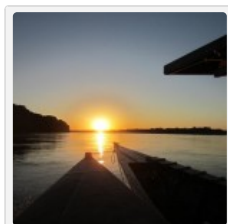
The catch!

Let me first introduce you to the girls. You know me already – southern girl that moved to New York and travels the world. I was joined by Cynthia, Kim, Kelly & Michele – single, successful, New York women in their 40's and 50's. And Jill – a fellow travel writer from Pennsylvania who we adopted as a New Yorker. In total there were two redheads, three brunettes and one blonde – the Amazon had no idea what was descending into its pristine eco environs.

As you might imagine, the Amazon is not easily accessible. We boarded a plane in Lima, connected in Cusco and landed in Puerto Maldonado where we were asked to board an open air "bus" that I am quite certain was once used for transporting chickens – probably just moments before our arrival. Walking to the "bus" I overheard Kim say to herself "this is terrifying" – the adventure was just beginning.

We were driven to the Madre de Dios (Mother of God) River where our boats were waiting to take us an hour deep into the jungle to our lodge. Our guides cleverly connected the wooden boats to the banks of the river by a wooden plank about eight inches wide or so. I had flashbacks of unsuccessful encounters with balance beams in gym class. Kim grew more terrified.

The rustic boat skimmed through the muddy waters past riverside shanties, unfamiliar birds and reptiles into a region where cell phone reception is non-existent. We arrived at our lodge and were completely amazed at what we discovered – rustic luxury!



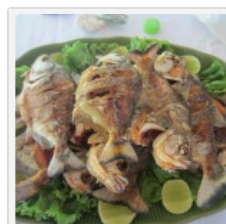
The ride back to the lodge!

The Inkatererra Reserva Amazonica is a first class eco-lodge on the banks of the Madre de Dios. Surrounded by the Peruvian rainforest, the lodge has 35 airy wood and thatch cabanas effortlessly combining elements of nature with contemporary amenities. Nights are filled with the flickering flames of lanterns and each cabana provides organic toiletries, hammocks and a whistle – to call for assistance should you encounter a jungle night creature. In the center of it all stands the main lodge, where gourmet Peruvian cuisine is served by candlelight on tables draped with white linen tablecloths – yes, in the jungle.

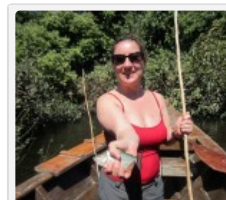
After settling in, we were introduced to our guide, Wilson, whose life will never quite be the same after encountering our boisterous group. "Señor Wilson" – as he was affectionately nicknamed – presented our adventure options. There was a canopy walk through the treetops across six terrifying rope bridges, a hike through the jungle to Lake Sandoval for canoeing, night walks through the jungle and boat rides after dark to search for white caimans. We agreed we had to try them all. Then Señor Wilson told us there was something else we could try – fishing for piranha. We were sold.

Early the next morning we walked the plank to board the boat for our adventure. We were joined by our boat captain, Freddie, and Robert and Linda, a couple from New Zealand who had been riding motorcycles through South America – a perfect fit for our insane group.

Captain Freddie expertly guided the boat through the calm waters as Señor Wilson pointed out the astonishing array of wildlife on the banks of the river. Butterflies and parrots flock to the river's edge each day to lick the clay which works as a natural digestive aid – for them, not us. Herons, storks and macaw live there with red howler monkeys and the occasional anaconda. The strange looking punk chicken (named for its funky hair-style) is often called the "stinky bird" due to its tendency to



The catch after they're cooked!
A platter of piranha!!!



ULTRA CLEANERS
We'll Get Your Clothes Ultra Clean!

High-Quality Dry Cleaning
Best Men's Business Shirts in Town!
Same Day Service Available

(561) 753-6200
The Pointe at Wellington Green

10% off any order! Mention "Around Wellington"

Palm Beach County's Premier Plumber

Hi-Tech Plumbing

Wellington/WPB - 561-790-6966
Boca Raton - 561-477-7291
Toll Free - 888-907-5862

Independent Imaging

Open & Hi-Field MRI • 64 Slice CT
Nuclear Medicine • PET/CT
Ultrasound • 3D Digital Mammography
Digital X-ray • DEXA Bone Density
Echo • Cardiac Stress Test/Cardiac PET
Holter Monitor • Coronary CTA

Please tell our advertisers you heard about them at
AroundWellington.com!

That's Dancing
Artistic Directors

Andrea LaMaina, BFA
Michele Walsh, MEd

6169 Jog Road A-15
Lake Worth, FL 33467

561-642-9677
561-642-9697

menchie's
frozen yogurt

Tel 561-383-8282

Menchie's Wellington Green
10620 W. Forest Hill Blvd. #50
Wellington, FL 33414

See "AW" Coupons for our coupons!

Grow Your Business, Shrink Your Costs!

Wellington's Office Connection
(561) 227-1500

Advertise Here
Get Seen!

Call Around Wellington Advertising at (561) 965-6617!

COCUY, BURNS & Co., P.A.
CERTIFIED PUBLIC ACCOUNTANTS
WWW.COCUYBURNS.COM
TIMELY EFFICIENT PROFESSIONAL

CALL JUAN OR TOM: 561.793.1927

INDIVIDUAL & BUSINESS TAX RETURNS
AUDITING & ACCOUNTING SERVICES
FINANCIAL & ESTATE PLANNING
BUSINESS CONSULTING
STRATEGIC PLANNING

12400-A S. SHORE BLVD. WELLINGTON FL 33414

IRISH PUB & TAP ROOM
Eat & Drink
Like a Local.
12794 W. Forest Hill Blvd - Wellington
861-557-1190 - Open 7 Days 4pm-2am

LAKE WORTH PLAYHOUSE
Where the Community Comes to Play!
561-586-6410

Macaroni Kid
Local Events & Activities for
Wellington Families

Parenting Plus
(561) 795-4815
ParentingPlus.com

Santelli
ORTHODONTICS
"Creating Healthy & Beautiful
Smiles...for Children and Adults"
(561) 395-6464 Dr. Brad Santelli

Radio/TV/Marketing
3 Months FREE! 561-506-4031
Dedicated to YOU

THE ENTERTAINMENT NETWORK
WEINSTEIN NETWORK

PETER'S LIVINGROOM
The #1 rated interior design show
www.PetersLivingroom.com
Peter'sLivingroom@yahoo.com • 561-427-4223

SharpShooter
Marketing Group

CHILDREN'S ZOO ANIMAL SANCTUARY
The Good Earth Farm
(561) 792-2666

BLACK SPARROW
PIRATE ADVENTURES
THE ULTIMATE KIDS ADVENTURE
561 725 0139
www.BLACKSPARROWPIRATES.COM
Like us on Facebook

Picasso's
Create the perfect gift!
(561) 439-4000

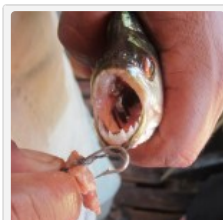
Feathers 4 Fun
Hallie P. Willer
(561) 315-7222
Feather Parties Special Events
Birthday Parties Craft Fairs

WELLINGTON STIFFS BIKINI L.A.
WELLINGTON, FL

constantly pass gas.

An hour or so deeper into the jungle, Captain Freddie pulled the boat into a cove. There on the banks of the river was a makeshift kitchen, dining cabana and restrooms – well, outhouses. Señor Wilson told us we were going to catch our lunch, then he introduced us to the cook who was going to fry up our catch. Yes, that's right, we were going to eat piranha – if they didn't eat us first.

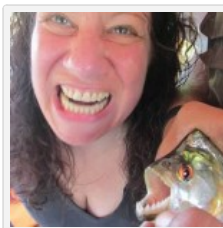
We dropped anchor and got ready to fish. Señor Wilson brought out the bait – raw meat. He gave each of us a cane pole and warned us that nibbles would happen quickly once that meat was dropped into the river, so we'd better be quick if we wanted to catch anything. He wasn't kidding. The piranha greedily snapped at the raw meat as soon as it hit the water and after a few minutes we all started hooking them and bringing them into the boat!



Here's the first of our guide, Wilson, taking the piranha off the hook – check out those teeth!!!!

Our methods left something to be desired. One of Linda's fish ended up on top of the boat canopy. Kelly spent time comparing her teeth to those of the piranha. Michele – who says she never catches anything – was snapping them up within minutes. Cynthia – a fearless super woman – began pushing the crew aside to get the piranhas off the hook with her bare hands. I took a stab at taking mine off the hook and squeezed a little too hard only to have one of the fish's eyes pop out. Jill's catches started off sizable but shrunk with each fish until she was catching sardines. And then there was Kim. She could hook them but getting the fish into the boat was another story. Kelly described it best, "Kim trying to pull the fish in looked like one of us holding a glass of wine tied to a stick and her trying to get it."

When the fishing ended we had caught 45 piranhas! We boated back to the lunch spot and dropped off the fish for our cook. Señor Wilson suggested we go for a boat ride while lunch was being prepared. Minutes down the river, Captain Freddie anchored the boat and Wilson told us this was a great spot for a swim. Never mind that this was the very same water where we had just watched greedy piranha attack raw meat. Never mind that this water was home to anaconda. Never mind that the water's muddy tint prevented us from seeing what lurked below the surface. Never mind that the boat had no ladder to assist with reentry. We jumped overboard.



The cool waters felt exhilarating in the intense jungle heat and for a few seconds we forgot about all the potential dangers – and then the current started sucking us under the boat. We lined up alongside the boat gripping the wooden edges as we inched our way one by one to the front of the boat to climb back onboard.

Some people have no problem climbing into boats. I'm not one of them – and neither is Jill. When it was my turn, Señor Wilson was pulling on my life jacket, Jill was pushing on my bottom while trying to keep from being sucked further under the boat and Linda was in the boat

promising to pull me the rest of the way.

Summoning all my arm strength I lifted myself out of the water, Linda grabbed me like I was a human bowling ball as I fell into the boat sliding across the bottom flopping around like a fish. I had to stop the slide so I grabbed hold of the only thing I could find – Captain Freddie's ankles – a move that sent him overboard. Before I could gather myself from the bottom of the boat, Jill came crashing in behind me. Yes, there is a video. No, it will not be posted here.

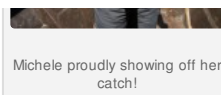
Eventually we were all safely back in the boat albeit a little soggy and off to our riverside picnic. What greeted us was much more than lunch. Inside the picnic cabana a table displayed a feast of cheese, ham, beef, baked potatoes and guacamole. Our plates were banana leaves. Señor Wilson opened wine and beer and then the main attraction arrived – a platter of fried surprisingly tasty piranhas!

Each girl on this trip has traveled extensively to amazing destinations all over the world. We all agreed this will go down as one of our most amazing adventures. It's not every day you get to bite into a piranha before it bites you. Now that, my friends, is a fishing tale!

<http://www.inkaterra.com/inkaterra/reserva-amazonica>

Terri is a freelance writer with regular columns on travel, chocolate and bar reviews. She is busy each month visiting new places to bring unique travel destinations and events to you. Yes, it is a sacrifice – but she is willing to do that for her readers! You can see more of Terri's writing at www.examiner.com where she is the National Chocolate Examiner and at www.barzz.net. Also, check out her blog at www.trippingwithterri.com. You can contact Terri at terri.marshall60@gmail.com.

August 1st, 2013 | Tags: Peru, Piranha, Terri Marshall, The Peruvian Amazon, Travel with Terri | Category: Travel with Terri | Comments are closed



Michele proudly showing off her catch!

Affordable
Air Conditioning & Refrigeration
(561) 383-6300
Service you deserve
at a price you can afford!
AffordAC.com

Where the Adventure Never Ends
playmobil FunPark
Playmobil FunPark • 8031 North Military Trail
Palm Beach Gardens, FL 33410 • 561-691-9880

Math Tutor
Experienced teacher, a Cornell U. Graduate
Middle school thru college
Call Stacy
(561) 329-5613
50% OFF your first lesson!

THE ZOO
HEALTH CLUB
(561) 223-3590

萬歲 BANZAI
Long Life in the Palm Beaches

JOEY'S OUTBACK ADVENTURES
"Play, Learn & Party"
10670 W. Forest Hill Blvd.
Wellington, FL 33414
(561) 204-4554

Good Shepherd Lawn Care
General Landscaping
Lawn Maintenance
Honest, Dependable
(561) 434-1557, or 281-6764

GENIE'S GYMNASTICS
Gymnastics, Tumbling, Body Toppers
561-969-0299
G FORCE
ALLSTARS CHEERLEADING
888-988-9299
WWW.GFORCECHEERLEADING.COM

VILLAGE MUSIC
WELLINGTON
In Tune With Wellington's Needs
(561) 798-5334
10660 W. Forest Hill Blvd. #140
(Between Fresh Market & Joey's Outback)
• Lessons • Accessories
• Instruments • Repairs

SOUTH FLORIDA SCIENCE CENTER AND AQUARIUM
Interactive Exhibitions • Aquarium
Planetarium • Observatory
Outdoor Science Trail • Events
www.sfsm.org
(561) 832-1988
4801 Dresher Trail North
West Palm Beach, FL 33405