

# BIRDING ITINERARY



14D / 13N

## BIRDING ITINERARY

A great way to discover Peru's ornithology richness and biodiversity in a unique experience from the Amazon Rainforest to the Cloudforest within the country's most attractive and varied environments, during which you will be able to watch some of the 700 bird species registered by the most renowned birders during the Birding Rally Challenge. A great experience exploring different environments coastal and Andean marshes, the andes, the amazon rainforest and the cloudforest places surrounded by incredible wildlife as mammals, reptiles, butterflies among others, also orchids, ferns, bromeliads, as well as natural beauty. Experience the cultural contrasts of Perú and visit the most remarkable Inca landmark, Machu Picchu, one of the new 7 Wonders of the World.

**14 days / 13 nights:** *Lima (4 nights), Puerto Maldonado (3 nights), The Sacred Valley of the Incas (1 night), Machu Picchu (2 nights), Cusco (3 nights)*

DAY  
1

LIMA

400

bird species  
registered in Lima

**Arrive in Lima. Welcome and transfer to your hotel.**

Lima, the Spanish Vice-Royal capital of South America, is home to some of the most remarkable colonial mansions, churches, and squares on the continent. The cosmopolitan districts of San Isidro, Barranco, and Miraflores offer a great variety of museums, restaurants, and shopping opportunities.

Rest of the day at leisure.

Overnight at Country Club Lima Hotel or similar.



DAY  
2

LIMA

120

bird species  
registered in Pantanos  
de Villa

## Breakfast at your hotel

Morning excursion to the "Pantanos de Villa" or Villa Wetlands. Transfer from your hotel in Lima to the Villa Wetlands for a private guided visit. This portion of marshlands, located at about 20 minutes south of the Capital, is one of the few protected areas found within the Metropolitan city of Lima where it is possible to observe wild fauna and flora, local and migratory birds as herons, gulls, ducks, grebes and many of shorebirds.



Lunch at La Rosa Náutica restaurant. This famous restaurant is in a fabulous building at the end of Costa Verde's beach historic pier. A unique location and atmosphere: The Ocean is floodlit; surfers skim through the piling and you can clearly hear the waves below and observe the sea birds like the Inca Tern and gulls flying around.

Dinner at leisure. Overnight at your hotel - **B / L / -**

DAY  
3

LIMA

## Breakfast at your hotel

Departure to the National Reserve "Lomas de Lachay or Lachay Hills" - Lachay means "misty place" in quechua language - located at approximately 105km. south of Lima, a true green oasis in the middle of the desert thanks to the

environmental humidity which allows vegetation to grow during the wet season - June to November -, which attracts the local fauna. You will be able to observe many plant- (74 registered), mammals, reptiles & bird species, some of which are Peruvian endemics such as, the *Coastal miner*, *Thick-billed miner*. others, such as the *Short-tailed field-tyrant*, hummingbirds, the *Black-chested buzzard eagle*, or migratory birds in season - November to March -, and also some archaeological paintings and remains from the Pre-Columbian cultures.

On route picnic lunch.

Return to your hotel and dinner at leisure.

Overnight at your hotel - **B / PNL / -**

65

bird species  
registered in Lomas  
de Lachay



## DAY 4

### LIMA

Enjoy breakfast at the hotel.

After breakfast, start a sightseeing adventure with a visit to Plaza San Martín and Plaza Mayor, Government Palace, Archbishop Palace, the Cathedral and City Hall, as well as the San Francisco Church which constitutes the best example of colonial religious art in America.



Visit the Larco Museum, founded in 1926. This private Museum displays 45,000 archaeological objects considered to be pre-Columbian art icons around the world; chronologically exhibited in impressive galleries showing the continuous development of 3,000 years of Peru's pre-Columbian history. Lunch at the "Café del Museo".



Surrounded by beautiful gardens, this museum is located inside a unique viceroyalty mansion dating back to the XVIII century, and over a pre-Colombian Ceremonial Temple, a "huaca". Within the Museum, the finest old Peruvian gold and silver collection may be found, as well as one of the most famous erotic art collections.

Dinner at leisure.

Overnight at your hotel - **B / L / -**

## DAY 5

LIMA  
PUERTO MALDONADO  
INKATERRA RESERVA AMAZONICA

### Breakfast at your hotel.

Transfer to Lima International airport.

You will soon be arriving in Puerto Maldonado, the gateway to one of the world's most remote and extraordinary rainforest environments. Your journey will take you into the heart of the Tambopata National Reserve.



Upon arrival, you will be greeted at the Puerto Maldonado Airport by our staff members, who will assist you with your luggage. Next, you will be driven to the river port for a 45-minute boat ride on the Madre de Dios river that will end upon arrival at Inkaterra Reserva Amazonica.

Our Inkaterra Reserva Amazonica staff will greet you and will provide information about the lodge's safety rules and the schedule of excursions during your stay. They will also assign you to your cabaña.

Lunch in the dining room



Inkaterra Reserva Amazonica offers various a-la-carte excursions, with duration of 1/4 day, 1/2 day, or one day, and at three levels of intensity. Travellers may create their own itinerary according to their preferences. Excursions may vary according to weather conditions, without previous notice.

Since this may be your first rainforest experience, we want to provide you with a suggested itinerary designed to help you get the most out of your trip.



## SUGGESTED ITINERARY

### Trail System.

A guided walk along one of the trails is a wonderful introduction to the incredible world of the Amazon rainforest. The trails wind past such important giant trees of the forest as the kapok and the strangler fig, and you may see superb examples of bird and insect life.

Evening Nature Presentations on Amazonian topics, and particularly on bird observation in the Amazon rainforest, are held every evening by interpreter-guides, you are very welcome to join the presentations.

Cocktails and dinner in the dining room of the lodge's main pavilion.

Relax on the porch of your cabaña, listening to the forest sounds at night, before retiring for the night. **B / L / D.**

DAY  
6

INKATERRA RESERVA AMAZONICA

540  
bird species  
registered.

### Buffet Breakfast at the Lodge

Wake up early to observe the sun rise over the Madre de Dios River.

During this day, depending on preference and weather conditions you may choose one of these two excursions:

#### Valencia

Enjoy a trip to Valencia Lake 4 hours down the river in the middle of a Brazil nut forest on the way a stop in Gamitana Farm, located 25 minutes from the Inkaterra lodge, to look for birds as tanagers, flycatchers among other that feed on the agricultural fields of the Farm. Then continue the navigation to the Valencia Creek where is possible to find more birds as *Oropendolas*, *Caciques*, *Flycatchers* and the prehistoric looking bird *Hoatzin*.

There is a trail into a Terra Firme forest in Valencia Lake where is possible to find interesting birds of that habitat as the *Pale-winged trumpeter*, *Pavonine Quetzal*, *manakins*, *antbirds*, and more. Valencia Lake offers the chance for a good fishing activity. Picnic Lunch and return to the lodge.

#### Ornithology

Our specialized guide will recommend several birding routes, and you will be able to tailor made your day. Wake up really early to start your adventure and go down the river to start your bird watching activity, you will then enjoy breakfast at the boat to continue your excursion in Hacienda Concepcion.

Lunch at Hacienda Concepcion.

Continue during the afternoon to Rolin Island for birdwatching activity around the island.

Dinner and overnight at your cabaña – **B / L / D**





# DAY 7

## INKATERRA RESERVA AMAZONICA



### Buffet breakfast at the Lodge.

Morning excursion to Sandoval Lake. A 40-minute boat ride takes you to the Tambopata National Reserve. Spend an hour-and-a-half walking the 3 km. (1.8 mile) trail through the wildlife-rich reserve, parrots, macaws and the rare *Black-faced Cotinga* are possible to find there. Here you will have an excellent opportunity to see the endangered giant river otter. Also residing in and around the lake are some monkeys like the rare *Red Howler*, *Brown capuchin* and *Common Squirrel monkeys*, *red-bellied macaws*, *black caymans*, and *side-neck turtles*.

### Return to the lodge for lunch.

In the afternoon, visit to the Inkaterra Canopy Walkway and the Anaconda Walk. A five-minute boat ride takes you to the Canopy Inkaterra. Ascend the first tower, 30 meters (99 feet) above the forest floor. Spend an hour-and-a-half walking on the bridges that stretch between seven platforms, as you see giant strangler fig trees, orchids, toucans, woodpeckers, trogons, and with luck, monkeys or a three-toed sloth. Next, a 30-minute walk takes you to a nearby wetland area, an important rainforest ecosystem that is host to many exotic plants and birds.



Return to the Lodge and nature presentation in the Eco – Center.

Cocktails and dinner at the main dining room.

Spend the night in your superior cabaña - **B / L / D**

## DAY 8

### PUERTO MALDONADO CUSCO

#### Breakfast at the lodge.

Morning check-out. Assistance with your luggage and return by boat on the Madre de Dios river to Puerto Maldonado.

Visit to the Butterfly House in Puerto Maldonado, where you will be able to observe several dozens of the more than 3,800 varieties of butterflies and moths found in Peru.

Assistance with your luggage, prior to boarding your flight to Cusco. Upon arrival at Cusco International airport, transfer to your hotel and rest of the morning to relax.

*Cusco was the ancient capital and spiritual heart of the Inca Empire, as well as an important colonial center. Strolling its cobblestone streets, you will spot both marvellous Incan architecture and Andean Baroque structures from the Colonial Period. Cusco today is also known for its extraordinary handicrafts, and is home to some of Peru's most talented textile and ceramic artists, as well as to superb restaurants and lively nightlife.*

#### Lunch at the hotel.

Enjoy a private walking excursion to Cusco: the Cathedral, the Koricancha or Gold Temple, and the newly uncovered Inca and colonial ruins of Cusicancha, San Blas and other interesting sites of the Ancient, Colonial and Modern Cusco.

Visit to the nearby Inca archaeological sites of Sacsayhuaman, then Puca Pucara, then visit Qenko, and Tambomachay.

Overnight at Inkaterra La Casona – B / L / –





DAY  
9

CUSCO

117

bird species  
registered in  
Huacarpay Lake

## Breakfast at the hotel.

Morning tour to Huacarpay Lake, located 30km. south east of Cusco, because of its importance for the ecology of birds and abundance this lake is part of the RAMSAR Convention on Wetlands where is possible to find very rich high mountain bird species as the endemic *Bearded mountaineer* and more birds like canasteros, ducks, grebes, coots among others.

Picnic lunch in the area and return to Cusco.

Dinner at leisure.

Overnight at Inkaterra La Casona – B / PNL / –



DAY  
10

CUSCO  
ABRA DE MALAGA POLYLEPIS FOREST

200

bird species  
registered in Abra Malaga

## Breakfast at your hotel

Early in the morning will depart to Ollantaytambo and then to Abra de Málaga, an interesting Polylepis forest located at 4.200 m.a.s.l. Good place to look for the rare and endemics *Royal Cinclodes* and *White-browed Tit-Spinetail* also are possible to find birds as the *Stripe-headed Antpitta*, seedeaters, finches among others.

Picnic Lunch.

Afternoon for leisure.

Dinner and overnight at Sol y Luna Hotel or similar– B / PNL / D

# DAY 11

## THE SACRED VALLEY OF THE INCAS MACHU PICCHU

### Breakfast at your hotel.

Transfer on a 30-min. drive to Ollantaytambo train station where you will board a train through the Urubamba Valley to Machu Picchu.

Upon arrival, you will be greeted at the train station by our staff and taken to Inkaterra Machu Picchu Pueblo Hotel.



### Lunch at the restaurant.

In the afternoon, transfer to the bus station for a 25-minute to Machu Picchu to enjoy a privately guided visit through the world renowned Inca Citadel, and one of the best spots to find the endemic *Inca Wren*.

Return to the hotel.

Dinner and overnight in the comfort of your casita at Inkaterra Machu Picchu Pueblo Hotel - **B / L / D**



420

bird species reported at  
Machu Picchu Historic Reserve.

DAY  
12

MACHU PICCHU

207

bird species reported  
at the Inkaterra property.

### Breakfast buffet at the restaurant

A four-hour excursion will take you along the Vilcanota river into the Mandor Valley, inhabited by varied and fascinating birdlife, like the Andean Guan, Green jay, colourful tanagers among others. Relax enjoying the waterfall, before walking back to the hotel in the shadow of Machu Picchu.



Return to the hotel for lunch  
at the restaurant.



After lunch birding at the hotel gardens is a good option to find tanagers, hummingbirds or the emblematic *Andean Cock of the Rock*. You can find also the world's largest collection of native orchid species in their natural setting within a private facility (372 species).

Dinner and overnight in the comfort of your casita at Inkaterra Machu Picchu Pueblo Hotel - **B / L / D**

DAY  
13

MACHU PICCHU  
SACRED VALLEY OF THE INCAS  
CUSCO

Walk early in the morning for birding at the hotel grounds a great chance to find some of the 207 species reported at the Inkaterra property.

Breakfast buffet at the restaurant. After Breakfast continue exploring the hotel grounds.

### Lunch at the restaurant.

In due time our staff will assist you back to the train station to take your train to Cusco.

Upon arrival at the train station, welcome by our staff and transfer to your hotel in Cusco.

Spend the rest of the day and dinner at leisure.

Overnight at Inkaterra La Casona - **B / L / -**



DAY  
14

CUSCO



Breakfast at your hotel,  
and time for leisure.

Transfer to Cusco International airport,  
to take your flight to Lima.



Upon arrival, assistance at Lima's airport for your international flight back home or for an extension in Peru, upon request and at an extra cost.

## END OF OUR SERVICES

### NOTES:

*Meal Symbols: B: Breakfast – L: Lunch – PNL: Picnic Lunch – D: Dinner*

#### Included:

- Transfers in private transportation except at Reserva Amazonica
- Train tickets to and from Machu Picchu
- Bus tickets to and from the Machu Picchu ruins
- Entrance ticket to the Machu Picchu ruins
- Excursions and tours with private local English speaking guide.
- Eco-activities at Inkaterra Machu Picchu hotel, exclusive to our guests
- Accommodation as indicated in the itinerary
- Meals as indicated in the itinerary
- 10% service, and local tax (VAT 18%) where applicable

#### Not Included:

- International and local airfares
- Hotels, and meals not described in the itinerary
- Visits and entrance tickets to unspecified ruins, parks or other sites
- International airport tax (TUUA)
- Local tax (18% V.A.T. only applicable to Peruvian and foreign residents in Peru for their stay and meals taken at hotels); to be exempted from this tax you will need to show your original passport and Andean Immigration Card at the moment of registration at hotels.
- Personal expenses and insurance