

First-Aid Course

The first-aid course, in the care of PHG (Peru Human Group) and directed by Mr. Diego Jara, at Inkaterra Reserva Amazónica was successfully concluded.

The first day was focused on general theoretical topics by reviewing videos and making questions to estimate the knowledge level of each participant; the application of bandages up to 6 different types, first-aid Kit (How and what should be included) were also included among other reviewed topics. CPR application (theoretical) and how to assist in cases of bleeding and burns of different degrees were also discussed. Transportation of wounded or injured victims, using at hand objects, was also one of the topics.

On the second day, topics such as types and kinds of injections, its risks and benefits (theoretical), the correct way of washing hands and wearing gloves were reviewed. Then, they proceeded with practices on how to give intravenous and intramuscular shots, for this practice students were divided to work in pairs. In the afternoon, basic CPR was again reviewed as well as, risk factors on cardiovascular disease, acute myocardial infarction and CPR for adults and children were included among other topics.

