

# It's anything but lonely at the top...

In a carefully protected corner of the Amazon rainforest, **Anthony Gardner** goes for a walk so far off the beaten track it's impossible to get there by road

**F**or anyone who suffers from vertigo, swaying on a wooden suspension bridge 75ft above the Peruvian rainforest floor is not a preferred occupation. The bridges may be expertly anchored with steel cables, and their sides enclosed in chest-high mesh, but the overactive imagination cannot help picturing a plunge through the dense foliage to be lunched on by a vulture. So it says much for the canopy walk at Inkaterra Reserva Amazonica – the majesty of its snakewood and *manchinga* trees, the vividness of its bird life – that I allowed myself to be coaxed along its eight walkways – and that, having completed it, I found myself agreeing to do it all over again the next day.

The Reserva Amazonica, covering 30,000 acres, lies in the south-east of Peru, close to the Brazilian and Bolivian borders. It is inaccessible by road, so getting there means flying to Puerto Maldonado and taking a 45-minute boat trip up the Madre de Dios river, a tributary of the Amazon thinly populated with fishermen, gold prospectors and caimans. The focus of the private reserve is a beautiful and efficiently run lodge, consisting of 36 romantic wooden *cabanas*; but this is not just an excellent hotel in an unexpected location – it is an ecological education of the most enjoyable kind. The reception area, for example, doubles as a butterfly farm, where you can

watch a gorgeous blue *Morpho menelaus* wind its gleaming way through the bushes, and a *Caligo illioneus* fold its owl-eye wings to feed on sweet bananas.

Packing for the lodge is not easy, as luggage on the boat journey is restricted to 22lb per person, and the weather can change suddenly from tropically sticky to downright chilly: on the first night a cold snap left us clutching hot water bottles and calling for extra blankets. (The *cabanas* are designed for maximum coolness, so there is no glass in the windows, just mosquito-proof mesh.) But the following day the warm, sunny weather returned, tempting garish macaws from their perches and brightening the



jungle, which encloses the lodge on three sides. Lying in bed listening to the call of the russet-backed oropendola – a sound like a fish leaping out of a pond – it was hard to think of a more exciting place to be.

Though most expeditions involve a boat, there are also trails leading from the lodge which provided an undemanding introduction to the rainforest. Our guide used a short stroll to instil some fundamental wisdom – for example, never shine a torch directly in an animal's face (it will leave it dazzled and vulnerable to predators). As he pointed out the enormous buttress roots of an iron tree and a battalion of leaf-cutter ants toiling under their burdens, the extremes of scale in this environment – as well as the interdependence of the smallest and the largest living creatures – became dramatically clear.

Of the other excursions available, the one most highly recommended by fellow-guests was a morning on Sandoval Lake. Situated on the far side of the river, in the 680,000-acre Tambopata National Reserve, this unspoilt stretch of water fringed with tall, thin aguaje palms accommodates three-toed sloths, red howler monkeys, side-neck turtles, and any number of exotic birds. A less popular inhabitant is the anaconda: we met a boatman who had ill-advisedly taken on a 20ft specimen, and only been saved by the timely arrival of a party of tourists.

Leaving the lodge in the pale dawn, we travelled upriver to a landing stage which marked the beginning of a two-mile track through the forest. The cry of a kite and a fly-past of chestnut-fronted macaws greeted us; white-bellied parrots perched on the trunk of a date-laden palm,

and a moth the size of my hand flopped across our path.

At the edge of a shallow creek overhung with vanilla vines, we clambered into a smaller boat and were paddled out into the lake itself. No sooner had we arrived than a commotion broke out in the undergrowth at the water's edge; a moment later, a family of otters the size of young seals came into view, thrashing, twisting and diving. There was the flash of a head, the whip of a tail, and then one of them surfaced with a fish clenched in its jaws. We watched enthralled for several minutes until they disappeared as suddenly as they had come.

Apart from a colony of fish-eating bats clamped flat against a tree-trunk, our other sightings were all of birds. The strangest was the turkey-sized hoatzin, which is hatched with claws on its wings (an echo, perhaps, of its dinosaur ancestry); but there were also black-capped herons galore, skimming kingfishers, a diving snakebird, and a comically jerky sungrebe. The most beautiful were the smallest: neat, flamboyant red-capped cardinals, and flycatchers with glorious yellow chests. On our way back to the river we also glimpsed a pair of tamarind monkeys and a tapir's heavy footprints.

The longer excursions on offer included one to a community of Esa'Ejas, Indians whose ancestors pre-date the Incas and who still fish and hunt in a traditional way. But since our time was limited, we chose to spend an afternoon at Concepción, an environmental centre whose grounds include one of the most unexpected sights in the Amazon basin: the rusted hulk of the boat that inspired Werner Herzog's film *Fitzcarraldo*. A century after its megalomaniac owner had it hauled over a mountain in his quest to found an

opera house in the jungle, the Molly Aida lies stranded in a muddy clearing with grass sprouting from its bows, its only passengers ghosts and mosquitoes.

We returned to rest in the seductive hammocks that swing in the porch of each cabana, before dinner in the two-storey circular wooden pavilion that serves as restaurant, bar and lounge. The menu included grilled catfish fresh from the river, palm-heart salad, and truly delicious lemon cake; the bar serves an excellent Pisco sour.

The logic of clocking up thousands of air miles in order to appreciate the rainforest is, of course, environmentally suspect. But the Reserva Amazonica aims to be carbon neutral, and guests are invited to offset the emissions from their journeys via its website. Electricity is used as little as possible: there are no televisions

or telephones, and the cabanas are lit chiefly by oil lamps. The main building material is wood salvaged from the forest; the roofs are thatched with krisnaka leaves, and the screen doors separating each bedroom from its sitting area are woven from the liana vine.

The only shadow over our final day was my rash promise to return to the canopy walk. It was no less alarming the second time around, but the rewards were even greater.

The light on the treetops was ethereal in the late afternoon, softening the green of the giant palm fronds and the reds and oranges of the flowering vines. As I watched a tiny hummingbird hovering above a vast yenchuma tree, and a black-fronted nunbird darting from its branch to seize a grasshopper in its beak, reincarnation as a three-toed sloth seemed the most enviable of career paths.

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## ESSENTIALS

### GETTING THERE

Exsus (020 7292 5060; [www.exsus.com](http://www.exsus.com)) offers a nine-night, 100 per cent carbon-neutral stay holiday in Peru from £2,895 per person (based on two people sharing). This includes transfers, international and internal flights, and accommodation at the Country Club in Lima (with breakfast) and Inkaterra properties in the Sacred Valley (with breakfast), Cuzco (with breakfast), Machu Picchu (half board) and the Reserva Amazonica (full board). Excursions with an English-speaking guide are also included at Machu Picchu, the Sacred Valley, Cuzco and the Reserva Amazonica.



**Consumer choice: a hungry spider monkey in the Amazon Basin**

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**Ecological education: from top, the canopy walk at Inkaterra, the cabanas and the Madre de Dios river landing point**



**Vibrant: a Julia butterfly. Hundreds of species flourish in the rainforest**

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**Ancient glory: Sandoval at sunset. The lake is fringed with aguaje palms, home to three-toed sloths, red howler monkeys, otters, countless birds – and the giant anaconda**