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EPIC TRIPS + SUMMER GETAWAYS

# Outside Traveler

SPECIAL EDITION SPRING/SUMMER 2005

## Your Next Dream Adventure

- » CLASSIC AMERICAN JOURNEYS
- » HEAVENLY ESCAPES
- » THE NEW HOT SPOTS

+12  
Perfect Days in  
NEW MEXICO



Blue Water,  
Big Trees  
THE BEST  
OF BRITISH  
COLUMBIA

Yunnan  
Strikes Gold  
CHINA'S NEW  
SHANGRI-LA

Wondrous  
Wildlife Trips  
FROM AFRICA  
TO ALASKA

Southern  
Italy's  
BIGHEARTED  
STYLE



BALI // COLORADO // HAWAII // IRELAND // COSTA RICA & MORE

GO  
NEXT

Escapes

## HOT PROPERTIES

*From a sleek  
Sedona resort to  
a Spanish country  
farmhouse, ten  
street spots for  
travel R&R*



## RESERVA AMAZÓNICA

Puerto Maldonado, Peru

Looking for the perfect antidote to a day of trekking through the jungle? Reserva Amazonica pumps you into the Peruvian Amazon. This cathedral-like wooden lodge—about an hour by boat down the broad Madre de Dios River from the town of Puerto Maldonado—serves fresh melon martinis, mango daiquiris, and paca, a local dish of catfish steamed with lemongrass inside freshly cut bamboo. All the while, funky Afro-Peruvian grooves float through this riverside retreat.

**ROOM & BOARD:** Tune in to the natural hum of the jungle from the lodge's 33 kerosene-lit thatch-roofed bungalows scattered along the banks of the Madre de Dios. With all the porch-strung cotton hammocks and canopy beds made up with crisp cotton sheets and mosquito nets, restfulness is greatly encouraged. The spa-worthy bathrooms have beautifully carved wooden sinks as well as organic soaps and lotions made from citronella and wild limes.

**OUT THE BACK DOOR:** Gingerly navigate Peru's longest canopy walkway—1,150 feet across and 119 feet above the forest floor—or hike several miles of trails teeming with anteaters, rabbit-size agoutis, tapirs, monkeys, tropical birds like the pale-winged trumpeter, and fluorescent butterflies that thread the lodge's 25,000-acre reserve. If you're stealthy (and patient), you might even spot a jaguar. Canoe down the nearby Camitana River, where giant heliconias grow alongside agave palms on the banks of the river. If an afternoon tropical rain shower keeps you indoors, stop by the lodge's new educational center, featuring small gardens and more than 150 medicinal plants.

**DETAILS:** \$120-\$145 per person, all meals included; 800-442-5042, [www.inkaterra.com](http://www.inkaterra.com) —Ross Wehner



TURNING IN: TREETOPS, ONE OF THE SUITES AT MEADOWOOD; LEFT, THE MAIN LODGE AT RESERVA AMAZÓNICA

## MEADOWOOD NAPA VALLEY

St. Helena, California

Part East Coast country club, part wine-country estate, and 100 percent sublime, this 85-acre Relais & Châteaux enclave in northern Napa Valley will turn you into a snob. Trust us: It feels great. Guests mingle with members on the manicured championship croquet lawn, seven ivy-shrouded tennis courts, the velvety nine-hole golf course, or the full-service spa, where the signature 60-minute grape-seed body wrap will leave you glowing.

**ROOM & BOARD:** Opened in 1979, all of Meadowood's 85 cottages and suites have gabled roofs and French doors opening onto private verandas. With ongoing renovation, the rooms are getting a fresh makeover: parchment-colored walls, bright-white wainscoting, roomy beds dressed in down, deep-cushioned window seats, and stone fireplaces. A wine reception begins each evening at five, and the Grill at Meadowood—overlooking the fairway in the main clubhouse—serves three daily farm-fresh meals, like the grilled Kurobuta pork loin chop with roasted organic apples. But in a valley known for its gourmet tables, it would be a shame to miss one of the best—downtown Napa's newest culinary rave, Restaurant Dado, for Californian-

Asian-fusion specialties like pomegranate-glazed squab and wild hamachi tartare, paired with a white pinot from the 300-bottle wine list.

**OUT THE BACK DOOR:** There are 4.5 miles of hiking trails on the property and enough rolling cycling routes to keep Lance's team happy. Rent a hybrid bike at the spa—\$15 for four hours—and conduct your own tasting tour on two wheels. Napa's finest vineyards lie just beyond Meadowood's front entrance.

**DETAILS:** Doubles, \$625-\$3,850; 800-458-8080, [www.meadowood.com](http://www.meadowood.com) —Katie Arnold